

## Mempertahankan kualitas hidup pasien yang menjalani radioterapi pada kepala dan leher./ Harum Sasanti Y. Noegroho , Gus Permana Subita

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### Abstrak

Radiotherapy is one of treatment's modalities for head and neck malignancies. Its successful rate in curing cancer is undeniable. However, the patient will suffer several side effects or oral complications due to the treatment. If this condition is not properly managed, it can lead to the decline of patient's quality of life. There are 4 aspects that can be used as indicators of quality of life for the case of head and neck that must be aware of which are: (1) disturbing pain, (2) problem in chewing and swallowing, (3) problem in oral communication, (4) patient's emotion. In order to maintain patient's quality of life, patients must have the willingness to recover and follow all instructions suggested by the medical staffs in charge and receive full support of the family and health personnel which include oncology radiotherapist, dentists, and all the paramedics involved.