

## Comprehensive management of mucous membrane pemphigoid in a medically compromised patient (diabetes mellitus and hypertension) (a case report)./ Liza Meutia Sari, Siti Aliyah Pradono

Liza Meutia Sari, author

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### Abstrak

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Mucous membrane pemphigoid (MMP) is an autoimmune mucocutaneous blistering disease characterized by autoantibodies to components within the basement membrane zone. The lesions may produce risk of scarring of the canthus (symblepharon), inversion of the eyelashes (entropion) and trauma to the cornea (trichiasis). We reported a case of MMP in a 56-year old female with diabetes mellitus and hypertension whose ocular involvement has led to blindness of the right eye. The diagnosis MMP was based on the history and clinical findings in the oral medicine department. Management of this patient included the administration of antifungal, corticosteroid; diaminodiphenylsulfone, nutritional supplementation, oral hygiene promotion and consultation to an internal medicine specialist and ophthalmologist. The improvement of oral lesions progressed well within five months. We conclude that optimal improvement can be reached by comprehensive management with controlling systemic factors and good cooperation between the medical team and patient.