

## Pemutihan gigi teknik home bleaching dengan menggunakan karbamid peroksida

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### Abstrak

Indonesian Journal of Dentistry 2006; Edisi Khusus KPPIKG XIV: 254-259

There are two basic kinds of tooth whitening agents. The first is over the counter materials and the other is materials used by the dentist or under dentist control. Home bleaching is a technique using 10% carbamide peroxide on a tray applied by patient under dentist supervision. This paper is a review of the effect of 10 % carbamid peroxide home bleaching technique. It is revealed that this metode is simple, safe, economic, and has short chiar side time.