

# Manajemen risiko dan stimulasi untuk mempertahankan fungsi kognitif pada agregat lansia di kelurahan srengseng sawah Jakarta selatan = The Implementation of risk management and stimulation to maintain cognitive function in older person at srengseng sawah south jakarta

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## Abstrak

Manajemen risiko dan stimulasi merupakan bentuk intervensi keperawatan komunitas untuk mempertahankan fungsi kognitif. Penulisan bertujuan memberikan gambaran pelaksanaan manajemen risiko dan stimulasi kognitif dalam pelayanan dan asuhan keperawatan melalui integrasi manajemen, CAP, FCN dan konsekuensi fungsional pada lansia untuk mempertahankan fungsi kognitif di Kelurahan Srengseng Sawah Jakarta Selatan.

Hasil akhir menunjukkan terjadi peningkatan perilaku kader pada hasil uji Wilcoxon dengan nilai  $p=0,018$ ; peningkatan perilaku lansia dengan nilai  $p=0,000$ ; 10 keluarga 70% mandiri tingkat IV dan 30% tingkat III; dan hasil pemeriksaan SPMSQ, gangguan intelegensia menurun secara bermakna dengan nilai  $p=0,016$ .

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Risk management and stimulation is a form of community nursing interventions to maintain cognitive function. This study aimed to provide an overview of risk management and cognitive stimulation in nursing care through the integration of management, Community As Partner, Family Centered Nursing and functional consequences in older person to maintain cognitive function at Srengseng Sawah, South Jakarta.

The results showed an increase in behavior of kader in Wilcoxon test ( $p = 0.018$ ); improved behavioral older person ( $p = 0.000$ ); Among 10 familie, 70% were at independence level IV and 30% were at level III; and examination results of SPMSQ, impaired intelligence, decreased significantly ( $p = 0.016$ ).