

Pengembangan kepemimpinan keperawatan berdasarkan kecerdasan emosional (K3E) dan pengaruhnya terhadap perilaku caring perawat pelaksana = The Development of nursing leadership based on emotional intelligence (K3E) of the staff nurses in an effort to improve nurses caring behavior

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## Abstrak

Pengembangan kepemimpinan keperawatan berdasarkan kecerdasan emosional memungkinkan pemimpin memengaruhi orang lain dalam melakukan pekerjaannya yang sangat penting untuk meningkatkan kualitas keperawatan. Tujuan penelitian ini adalah terbangunnya kepemimpinan keperawatan berdasarkan kecerdasan emosional kepala ruang dan pengaruhnya terhadap perilaku caring perawat pelaksana. Penelitian ini menggunakan pendekatan action research melalui tiga tahapan penelitian yaitu: Tahap I, identifikasi masalah-masalah pokok yang ada dengan penelitian kualitatif dengan pendekatan fenomenologi. Tahap II, Pengembangan kepemimpinan keperawatan berdasarkan kecerdasan emosional dalam upaya meningkatkan perilaku caring perawat pelaksana. Tahap III, penelitian pengaruh penerapan program kepemimpinan keperawatan berdasarkan kecerdasan emosional kepala ruang terhadap perilaku caring perawat pelaksana dengan desain quasi experiment with control group desain. Metode sampling yang digunakan dalam penelitian tahap III yaitu proporsional random sampling. Hasil tahap I yang teridentifikasi 7 tema. Tahap II dihasilkan model kepemimpinan keperawatan berdasarkan kecerdasan emosional, tahap III terdapat pengaruh yang bermakna penerapan kepemimpinan keperawatan berdasarkan kecerdasan emosional terhadap perlaku caring perawat pelaksana ( $P=0,003$ ). ada perbedaan perilaku caring perawat pelaksana kelompok intervensi dan kontrol ( $P=0,20$ ). Rekomendasi: perlunya pelatihan bagi kepala ruang untuk implementasi model kepemimpinan keperawatan berdasarkan kecerdasan emosional di rumah sakit.

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Nursing leadership development based on emotional intelligence allows leaders to influence others to do the work that is essential to improving the quality of nursing. The purpose of the study was the establishment of the leadership of the ward nurse based on emotional intelligence that could improve nurses caring behavior. This research applied an action research approach through three stages of research, namely: the identification of the key issues using the qualitative research ,the development of leadership based on emotional intelligence of ward nurses in an effort to improve nurses caring behavior and the study on the effect of the applying the leadership program based on the ward nurses emotional intellegence to ward the caring behavior of the nurses as the quasi experiment design compaired to the control group design. The sampling method used in the stage III study that is proportional random sampling. The first stage produced 7 theme. Stage II: produced a model of leadership based on emotional intelligence in an effort to improve nurses caring behavior, Stage III: there is a significant effect of the application of the nursing leadership based on emotional intelligence of the nurses caring behavior ( $P=0,003$ ). No difference in nurse caring behavior intervention and control group ( $P=0,200$ ). Recomendations:(1). the need for training for ward nursing for the implementation of the leadership model of nursing based on emotional intelligence (K3E) at the hospital.