

Pengaruh peran interpersonal kepala ruang dengan pendekatan teori peplau terhadap penerapan standar prosedur operasional pelaksanaan alat pelindung diri perawat = The impacts of strengthening the interpersonal roles of head nurses using Peplau's theoretical approach on the implementation of standard operating procedures of nurses' personal protective devices / Suharyanto

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Abstrak

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Pendampingan, supervisi, dan bimbingan yang kurang dari kepala ruang dapat mempengaruhi kepatuhan penggunaan masker dan sarung tangan oleh perawat. Upaya untuk meningkatkan kepatuhan tersebut dapat dilakukan melalui penguatan peran interpersonal kepala ruang dengan pendekatan teori Peplau. Tujuan penelitian ini adalah untuk mengidentifikasi pengaruh penguatan peran interpersonal kepala ruang dengan pendekatan teori Peplau terhadap penerapan SPO penggunaan alat pelindung diri perawat. Penelitian ini menggunakan metode pre-eksperimental design, one group pre and post test without control. Sampel penelitian sebanyak 38 tindakan keperawatan dan kolaborasi medis dengan teknik incidental sampling dan analisis paired t-test. Hasil penelitian menunjukkan perlakuan penguatan peran interpersonal teori Peplau meningkatkan kepatuhan penerapan SPO penggunaan APD secara bermakna ($p = 0,001$). Implikasi penelitian dapat meningkatkan keselamatan perawat yang berimbang keselamatan pasien, sebagai evidence base nursing, bahan ajar pendidikan dan pengembangan teori keperawatan. Diperlukan kebijakan, dan pendampingan dari pimpinan keperawatan, serta pengembangan melalui workshop sebagai salah satu kompetensi pemimpin keperawatan.

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**ABSTRACT
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The lack of mentoring, supervision and guidance from the head nurses can influence the nurses' compliance to use masks and gloves. One effort to improve this compliance is by strengthening the interpersonal roles of head nurses using Peplau's theoretical approach. The purpose of this study was to identify the impacts of strengthening the interpersonal roles of head nurses using Peplau's theoretical approach on the implementation of Standard Operating Procedure (SOP) of nurses' Personal Protective Devices (PPD). This study used a quantitative method of pre-experimental design with one group pre-test and posttest design without control. The samples were 38 nursing procedures and medical collaborations which were taken incidentally and analyzed using paired t-test. The results showed that the intervention of strengthening the interpersonal roles of

head nurses using Peplau's theoretical approach significantly improved the compliance on the implementation of SPO of PPD ($p = 0.001$). The findings of this study can be used to improve the safety of nurses, which will affect the patient safety, function as evidence-based nursing, and contribute to the teaching materials for nursing education and the development of nursing theory. Policies and supervisions from nursing leaders are required as well as development efforts through workshops as a competence of nursing leaders