

# Peran trait kepribadian terhadap hubungan keberfungsian keluarga dengan kesehatan mental pada individu dari keluarga dengan kekerasan dalam rumah tangga kdrt = The impact of personality trait to the relationship between family functioning and mental health among individuals with domestic violence

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## Abstrak

Penelitian ini dibuat untuk mengetahui peran masing-masing trait kepribadian Five Factor Model dalam memediasi hubungan antara keberfungsian keluarga dan kesehatan mental. Di sini keberfungsian keluarga diukur menggunakan instrumen Family Adaptation and Cohesion Evaluation Scale II (FACES II) dan Family Communication Scale (FCS), kesehatan mental menggunakan Mental Health Inventory-5 (MHI-5), dan trait kepribadian menggunakan mini International Personality Item Pool (mini-IPIP). Penelitian dengan partisipan 185 orang ini dilakukan pada anak dari keluarga dengan riwayat kekerasan dalam rumah tangga (KDRT) yang telah menginjak usia dewasa muda. Dari hasil analisis statistik menunjukkan hanya satu trait kepribadian yang merupakan mediator, yaitu trait neuroticism ( $c = 0,09$ ,  $p < 0,05$ ;  $a1b1 = 0,04$ ,  $p < 0,05$ ,  $PM = 0,39$ ;  $c? = 0,06$ ,  $p > 0,05$ ). Sedangkan keempat trait lainnya, yakni extraversion, openness, agreeableness, dan conscientiousness, bukan merupakan mediator.

.....This study is aimed to examine the mediating role of each personality trait from Five Factor Model on relationship between family functioning and mental health. This study using Family Adaptation and Cohesion Evaluation Scale II Family (FACES II) and Communication Scale (FCS) to measure family functioning, Mental Health Inventory-5 (MHI-5) to measure mental health, and mini International Personality Item Pool (mini-IPIP) to measure personality trait. The 185 people who participated in this study is an emerging adulthood's child with domestic violence history. The present result showed that neuroticism was the only personality trait which mediated ( $c = 0,09$ ,  $p < 0,05$ ;  $a1b1 = 0,04$ ,  $p < 0,05$ ,  $PM = 0,39$ ;  $c? = 0,06$ ,  $p > 0,05$ ) the relationship between family functioning and mental health. However the other traits, extraversion, openness, agreeableness, and conscientiousness, were not the mediator.