

## Hubungan pola asuh orang tua dan general self-efficacy dengan perilaku seksual berisiko pada remaja = The correlation between parenting style general self efficacy and risky sexual behavior in adolescents

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### Abstrak

Perilaku seksual berisiko merupakan perilaku seksual yang dapat menimbulkan dampak negatif seperti kehamilan, aborsi dan penyakit menular seksual. Penelitian ini bertujuan untuk melihat hubungan antara pola asuh orang tua dan general self-efficacy dengan perilaku seksual berisiko. Desain penelitian ini adalah deskriptif korelatif. Penelitian ini melibatkan 92 partisipan remaja di Sekolah Master Depok yang diseleksi dengan teknik quota sampling. Instrumen yang digunakan adalah The Parental Care Style Questionnaire, New General Self-Efficacy Scale dan Sexual Risk Survey: Instrument Development and Psychometrics. Hasil penelitian menunjukkan ada hubungan signifikan antara pola asuh orang tua dengan perilaku seksual berisiko remaja dan general self-efficacy dengan aktivitas seksual. Untuk menangani masalah seksual remaja, perlu diadakan program kesehatan reproduksi yang tidak hanya ditujukan kepada remaja, namun juga orang tua dan masyarakat.

.....Risky sexual behavior is sexual behavior which cause various negative impacts such as pregnancy, abortion, and sexually transmitted diseases. The purpose of this study was to identify the correlation between parenting style and adolescents? sexual behavior, as well as general self-efficacy and adolescents? sexual behavior. Design of this study was descriptive correlative. This study included 92 participants of adolescent in Sekolah Master Depok which were selected by quota sampling technique. This study used The Parental Care Style Questionnaire, New General Self-Efficacy Scale and Sexual Risk Survey: Instrument Development and Psychometrics as instruments. The result showed there were a significant correlation between parenting styles and adolescents? sexual behavior, also between general self-efficacy and adolescents? sexual activity. To overcome adolescents? sexual problem, it is recommended to implement reproductive health programs not only for adolescents but also parents and community.