

Hubungan karakteristik lansia dengan perasaan takut jatuh di kota Depok = Relationship between characteristic of elderly with fear of falling in Depok city

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Abstrak

ABSTRAK

Penurunan fungsi sistem muskuloskeletal pada lansia berakibat pada meningkatnya kejadian jatuh. Hal tersebut menimbulkan perasaan takut jatuh padalansia yang memilikibanyakfaktorresiko, termasukkarakteristiklansia. Penelitian ini bertujuan untuk menganalisis hubunganantara karakteristiklansiadenganperasaantakutjatuh. Desainpenelitianyang digunakanadalahcrosssectionaldenganmelibatkan111 lansia masyarakat di Kota Depok denganmenggunakanmultistagerandomsampling. Perasaantakut jatuhdinilai dengan menggunakan instrumentFalls EfficacyScale- International(FES-I) danujibivariat menggunakan uji statistic chi square. Hasilpenelitianmenunjukkanadahubunganantara usia(OR: 3,465; pvalue0,002),jeniskelamin(OR: 2,601; pvalue0,019),statusekonomi(OR: 0,283; pvalue 0,033), penggunaan alatbantujalan (p value 0,0001- uji Fisher?s), penggunaan jumlah obat (OR: 3,135; p value 0,003)dengandenganperasaantakutjatuh. Perawat perlu mengetahui caramelakukan skrining dan mengenalfaktor resiko perasaan takut jatuh sebagai bagian program pencegahan jatuh pada lansia.

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ABSTRAK
Musculoskeletal system function deteriorate in elderly impact increasingly incidence of falls. Falls can cause fear of falling in the elderly who had risk factors including characteristic of elderly. The purpose of this study is to analyze the relationship between characteristics of the elderly with fear of falling. The study design is used was cross sectional, involving 111 elderly people in Depok City using multistage random sampling. Fear of falling assessed by instrumental Falls Efficacy Scale- International (FES-I) and bivariate analyzed using chi square. The results showed that there were correlation between age (OR: 3.465; p value 0.002), gender (OR: 2.601; p value 0.019), economic status (OR: 0.283; p value 0.033), assistive devices (p value 0, 0001 using Fisher?s test) and drugs use (OR: 3.135; p value = 0.003) with the fear of falling. Nurses need to know about risk factors and how to screening fear of falling in elderly as a part of fall prevention program.