

# Manajemen kasus Spesialis Keperawatan Jiwa pada klien isolasi sosial dengan pendekatan model Teori Hubungan Interpersonal Peplau dan model Stres Adaptasi Stuart di RS Jiwa Bogor = Case management specialist in mental nursing client with social isolation using Peplau model and Stuart model in psychiatric hospital

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## Abstrak

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Isolasi sosial merupakan suatu pengalaman menyendiri dan kesepian dari seseorang dan perasaan segan terhadap orang lain sebagai sesuatu yang negatif atau keadaan yang mengancam. Tujuan Karya Ilmiah Akhir ini untuk memberikan gambaran tentang manajemen kasus spesialis keperawatan jiwa pada klien isolasi sosial terhadap penurunan tanda dan gejala isolasi sosial serta peningkatan kemampuan klien dalam ketrampilan sosial dengan pendekatan Model Hubungan Interpersonal Peplau dan Model Stres Adaptasi Stuart. Terapi spesialis keperawatan yang diberikan adalah Social Skill Training (SST), Cognitive Behavior Social Skill Training (CBSST) dan Family Psychoeducation (FPE). SST diberikan pada 21 klien, SST+CBSST diberikan pada 7 klien dan FPE diberikan pada 12 keluarga. Hasil yang ditemukan SST dan CBSST efektif dalam menurunkan tanda dan gejala isolasi sosial yang ditunjukkan melalui respon kognitif, afektif, fisiologis, perilaku dan sosial serta meningkatkan kemampuan klien dalam ketrampilan sosial. FPE terbukti meningkatkan kemampuan keluarga dalam merawat klien isolasi sosial. SST, CBSST, dan FPE direkomendasikan sebagai terapi spesialis keperawatan pada klien isolasi sosial.

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<b>ABSTRACT</b><br>

Social isolation is an experience of solitude and loneliness of someone and feeling disinclined toward others as something negative or threatening circumstances. Final Scientific Paper aims to provide an overview of nursing case management specialist at the client's life social isolation of the signs and symptoms as well as the ability of clients to approach Peplau Model Theory of Interpersonal Relations and Stress Adaptation Model Stuart. Social Skills Training (SST) given to 21 clients, SST+Cognitive Behavior Social Skill Training (CBSST) given on 7 client and Family psychoeducation (FPE) given to 12 families. Results found CBSST SST and effective in reducing the signs and symptoms of social isolation indicated by the response of cognitive, affective, physiological, behavioral and social as well as improve the ability of clients in social skills. FPE proven to increase the ability of families in caring for clients of social isolation. SST, CBSST, and FPE recommended as therapy nursing specialists at the client's social isolation., Social isolation is an experience of solitude and loneliness of someone and feeling disinclined toward others as something negative or threatening circumstances. Final Scientific Paper aims to provide an overview of nursing case management specialist at the client's life social isolation of the signs and symptoms as well as the ability of clients to approach Peplau Model Theory of Interpersonal Relations and Stress Adaptation Model Stuart. Social Skills Training (SST) given to 21 clients, SST+Cognitive Behavior Social Skill Training (CBSST) given on 7 client and Family psychoeducation (FPE) given to 12 families. Results found CBSST SST and effective in reducing the signs and symptoms of social isolation indicated by the response of cognitive,

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