

Analisis penerapan teori Self Care Orem pada pasien diabetes melitus di RSUPN Cipto Mangunkusumo Jakarta = Analysis of the application of Orem Self Care theory on patient with diabetes mellitus in Cipto Mangunkusumo Hospital Jakarta

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Abstrak

ABSTRAK Diabetes mellitus (DM) merupakan salah satu dari penyakit kronis. Penanganan DM tidak hanya membutuhkan pendekatan medis, tetapi juga membutuhkan pendekatan multidisiplin termasuk pendekatan keperawatan. Salah satu pendekatan keperawatan yang digunakan adalah teori self care Orem. Tujuan dari teori self care Orem ini adalah memberikan asuhan keperawatan untuk meningkatkan kemandirian pasien dalam perawatan diri. Ners spesialis adalah perawat yang memiliki keahlian dalam bidang klinik, mampu memberikan asuhan keperawatan kepada pasien secara langsung atau tidak langsung dengan mempengaruhi tenaga keperawatan dibawahnya. Ners spesialis dalam memberikan asuhan keperawatan harus berdasarkan pada evidence based nursing. Salah satu evidence based nursing pada pasien DM adalah diabetes self management education (DSME). Sebagai inovator, Ners spesialis melakukan inovasi promosi kesehatan pada pasien DM berupa pemeriksaan dan pemantauan kesehatan mandiri. Hasil dari penerapan teori self care Orem menunjukkan bahwa teori self care Orem dapat dijadikan sebagai panduan dalam pemberian asuhan keperawatan pada pasien DM.

ABSTRACT Diabetes mellitus (DM) is one of the chronic diseases. Management of diabetes requires a multidisciplinary approach, one of them is nursing approach. One approach is Orem's self care Theory. The purpose of the Orem's self care theory is to improve patient self-care. Clinical nursing specialist is nurse at the clinic experts, able to provide advance nursing care to patients directly or indirectly by influencing subordinates. Clinical nursing specialist in providing nursing care have to use evidence based nursing. evidence based nursing in diabetes patients is diabetes self-management education (DSME). As an innovator, clinical nursing specialist pass health promotion innovations in diabetic patients form self health asessment. Results of the application of Orem self-care theory showed that this theory can be used as a guide to nursing care in diabetic patients.;

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