

# Penerapan Bina Keluarga Balita Plus (BKB+) sebagai upaya peningkatan tumbuh kembang balita di Kelurahan Sukamaju Baru Kecamatan Tapos Kota Depok Provinsi Jawa Barat = Application of Bina Keluarga Balita Plus (BKB+) for improving growth toddler in Sukamaju Baru Tapos Depok West Java Province

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## Abstrak

[<b>ABSTRAK</b><br>

Banyaknya kegagalan dalam pengasuhan anak bukan karena kurangnya kasih sayang orangtua pada anak, melainkan karena sebagian orangtua tidak tahu bagaimana cara mengasuh yang baik dan benar.

Ketersediaan wadah kegiatan keluarga dengan anak balita, menjadi sangat penting untuk meningkatkan pengetahuan dan keterampilan orangtua serta anggota keluarga lainnya dalam pembinaan tumbuh kembang anak. Karya Ilmiah Akhir ini bertujuan untuk memberikan gambaran pelaksanaan penerapan program BKB+ sebagai upaya peningkatan tumbuh kembang balita di Kelurahan Sukamaju Baru. Dalam BKB+ ini residen menerapkan kegiatan stimulasi dan penggunaan KPSP oleh keluarga. Evaluasi sebelum dan sesudah praktik menunjukkan peningkatan pengetahuan dari 54% menjadi 78%, peningkatan sikap dari 66% menjadi 80% dan peningkatan perilaku dari 56% menjadi 74%. BKB+ ini diharapkan dapat menjadi sarana bagi keluarga dalam meningkatkan tumbuh kembang balita.

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The number of failures in parenting is not due to a lack of parental affection to children, but because of some parents do not know how to care of properly. The availability of receptacle activities of families with toddler, becomes very important to improve the knowledge and skills of parents and other family members in coaching development of the child. This paper aims to provide an overview implementation BKB + application program as an effort to improve growth and development of toddler in Sukamaju Baru. In this BKB +, resident applying stimulation activities and the use of KPSP by the family. Results shows an increase knowledge activities from 54% to 78%, attitude from 66% to 80%, and behavior from 56% to 74%, BKB + suggested could be the integration program of Health Department and BPMK., The number of failures in parenting is not due to a lack of parental affection to children, but because of some parents do not know how to care of properly. The availability of receptacle activities of families with toddler, becomes very important to improve the knowledge and skills of parents and other family members in coaching development of the child. This paper aims to provide an overview implementation BKB + application program as an effort to improve growth and development of toddler in Sukamaju Baru. In this BKB +, resident applying stimulation activities and the use of KPSP by the family. Results shows an increase knowledge activities from 54% to 78%, attitude from 66% to 80%, and behavior from 56% to 74%, BKB + suggested could be the integration program of Health Department and BPMK.]