

# Penerapan model Konservasi Myra E. Levine pada pasien anak dengan penyakit infeksi yang mengalami malnutrisi di RSUPN Dr. Cipto Mangunkusumo Jakarta = The application of Myra E. Levine's Conservation model to children with infectious diseases and malnutrition at RSUPN Dr. Cipto Mangunkusumo Jakarta

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## Abstrak

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Anak malnutrisi membutuhkan energi cukup besar untuk memenuhi kebutuhan metabolisme tubuh. Karya Ilmiah Akhir bertujuan menggambarkan aplikasi model konservasi Levine pada anak dengan penyakit infeksi yang mengalami malnutrisi. Intervensi yang diberikan pada kelima kasus menggunakan empat prinsip konservasi energi yaitu menilai status nutrisi pasien, memonitor intake dan output, mengajarkan keluarga tentang pemberian nutrisi melalui NGT serta kolaborasi dengan tim gizi dalam menentukan kebutuhan nutrisi pasien. Evaluasi menunjukkan adanya peningkatan status nutrisi pada beberapa kasus dengan penyakit penyerta. Model konservasi Levine dapat digunakan dalam memberikan asuhan keperawatan pada anak malnutrisi dengan mempertimbangkan adanya penyakit penyerta yang mengakibatkan tidak tercapainya wholeness.

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Children with malnutrition need much energy to fulfill the needs of the body's metabolism. The final scientific paper aims to describe the application of Levine's conservation model to children with infectious diseases and malnutrition. The interventions which are given to those 5 cases use 4 conservation principles of energy that is evaluating the status of nutrition of patient, monitoring the intake and ouput, educating the family how to give the nutrition via NGT and collaborating with nutrition team to specify the needs of nutrition of patient. The evaluation shows that there is the rise of nutrition status to some cases with comorbidities. The Levine's conservation model can be used to give nursing care to children with malnutrition by considering the comorbidities which make the wholeness tough to reach.; Children with malnutrition need much energy to fulfill the needs of the body's metabolism. The final scientific paper aims to describe the application of Levine's conservation model to children with infectious diseases and malnutrition. The interventions which are given to those 5 cases use 4 conservation principles of energy that is evaluating the status of nutrition of patient, monitoring the intake and ouput, educating the family how to give the nutrition via NGT and collaborating with nutrition team to specify the needs of nutrition of patient. The evaluation shows that there is the rise of nutrition status to some cases with comorbidities. The Levine's conservation model can be used to give nursing care to children with malnutrition by considering the comorbidities which make the wholeness tough to reach., Children with malnutrition need much energy to fulfill the needs of the body's metabolism. The final scientific paper aims to describe the application of Levine's conservation model to children with infectious diseases and malnutrition. The interventions which are given to those 5 cases use 4 conservation principles of energy that is evaluating the status of nutrition of patient, monitoring the intake and ouput, educating the family how to give the nutrition via NGT and

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