

Laporan akhir praktek residensi ners spesialis keperawatan maternitas dengan fokus penerapan model konsep Need for Help Weidenbach dan Self Care Orem pada asuhan keperawatan kontraksi dalam kehamilan = Final report of maternity nursing specialist residency practice focused on the application of Wiedenbach Need for Help and Orem Self Care conceptual model on nursing care of preterm contraction

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Abstrak

[ABSTRAK

Permasalahan kesehatan selama masa kehamilan membutuhkan perhatian dari petugas kesehatan sehingga proses kehamilan dan persalinan dapat berjalan selamat. Peran Ners spesialis keperawatan maternitas sangat diperlukan dalam upaya pencegahan dan penanggulangan masalah tersebut. Karya ilmiah akhir ini bertujuan untuk memberikan gambaran pelaksanaan praktik residensi ners spesialis keperawatan maternitas dan memberikan gambaran fokus penerapan model konsep need for help Wiedenbach pada fase akut dan self care Orem pada fase pemeliharaan. Evaluasi yang diharapkan pada fase akut adalah kontraksi berhenti, dan tidak adanya tanda-tanda kegawatan maternal dan janin. Evaluasi pada fase pemeliharaan yaitu peningkatan kemandirian klien. Penerapan model dan konsep keperawatan need for help dan self care terbukti bermanfaat mengatasi kontraksi dalam kehamilan sehingga bisa di aplikasikan dalam proses asuhan keperawatan kontraksi dalam kehamilan.

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ABSTRACT

Health problems during pregnancy require the attention of health professionals so that the process of pregnancy and childbirth can be safe. The role of maternity nursing specialist is indispensable in the prevention and control of the problem. This final scientific work aimed to provide an overview of the implementation of maternity nursing specialist residency practice and describe the application of Wiedenbach Need for Help Conceptual Model in the acute phase and Orem Self Care Conceptual Model in the maintenance phase. The expected evaluation in the acute phase was the contraction stopped, and there were no signs of maternal and fetal distress. The evaluation in the maintenance phase was the increase of the client independency. The application of Need for Help and Self Care Nursing Model and Concept has been proved beneficial to overcome the preterm contraction, so that these models can be applied in the nursing care process of preterm contraction., Health problems during pregnancy require the attention of health professionals so that the process of pregnancy and childbirth can be safe. The role of maternity nursing specialist is indispensable in the prevention and control of the problem. This final scientific work aimed to provide an overview of the implementation of maternity nursing specialist residency practice and describe the application of Wiedenbach Need for Help Conceptual Model in the acute phase and Orem Self Care Conceptual Model in the maintenance phase. The expected evaluation in the acute phase was the contraction stopped, and there were no signs of maternal and fetal distress. The evaluation in the maintenance phase was the increase of the client independency. The application of Need for Help and Self Care Nursing Model and Concept has been proved beneficial to overcome the preterm contraction, so that these models can be

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