

# Pengembangan dan justifikasi alat ukur perilaku obsesif kompulsif yang terbaru pada mahasiswa di Perguruan Tinggi = The Construction and justification of new obsessive-compulsive behavior measures in University Students

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## Abstrak

[<b>ABSTRAK</b><br> Alat ukur perilaku Obsesif Kompulsif didistribusikan beserta dengan perhitungan validasi dan

reliabilitasnya. Perilaku Obsesif Kompulsif ditandai dengan kekakuan terhadap situasi yang tidak pasti atau tidak teratur. Sebanyak 194 mahasiswa The University of Queensland menyelesaikan kuesioner secara online di waktu senggang mereka. Ditemukan bahwa nilai reliabilitas dari skala perilaku Obsesif Kompulsif cukup baik dan perhitungan dari analisis indeks diskriminasi menunjukkan item kuesioner yang terbaik dan yang kurang baik. Hal tersebut membuktikan bahwa skala perilaku Obsesif Kompulsif memiliki korelasi yang positif dengan tiga skala lain yaitu obsessive-compulsive inventory-revised (OCI-R) dari Foa et al. (2002), the IPIP (International Personality Item Pool) neuroticism dari Goldberg et al. (2006), dan the Liebowitz Social Anxiety Scale (LSAS) dari Heimberg et al. (1999).

Untuk penelitian selanjutnya, disarankan agar skala yang baru saja dikembangkan ini dapat ditelusuri lebih lanjut untuk mencakup segala aspek perilaku Obsesif Kompulsif, sehingga skala tersebut dapat dipergunakan dalam pendeteksian perilaku obsesif kompulsif pada mahasiswa di perguruan

tinggi.<b>ABSTRACT</b><b> A newly developed measure of obsessive-compulsive behavior (OCB) is presented, as well as the

calculation of its validation and reliability. A total of 194 students of The University of Queensland completed online questionnaires on their free time. There was found that the reliability of OCB scale was reasonably good and the computation of Item Discrimination Indices showed which items were best and worst. It demonstrates that the new OCB scale is positively correlated with all three other scales of obsessive-compulsive inventory-revised (OCI-R) proposed by Foa et al. (2002), the IPIP (International Personality Item Pool) neuroticism developed by Goldberg et al. (2006), and the Liebowitz Social Anxiety Scale (LSAS) suggested by Heimberg et al. (1999). For future research, it is recommended that the scale may be expanded to cover all aspect of OCB so that it can be used in detecting OCB in university students., A newly developed measure of obsessive-compulsive behavior (OCB) is presented, as well as the

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