

# Pengaruh kebahagiaan terhadap status kesehatan di Indonesia (analisis data Susenas 2012) = The impact of happiness for the status of health in Indonesia (analysis of 2012 Susenas data) / Firdausi Nuzula

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## Abstrak

### [**ABSTRAK**]

Penelitian ini bertujuan untuk mempelajari pengaruh kebahagiaan dan faktor makro, meso dan mikro lainnya terhadap status kesehatan individu. Analisis dilakukan terhadap 71.677 responden usia 17 tahun ke atas dari Susenas 2012. Hasil analisis regresi logistik multinomial menunjukkan bahwa semakin bahagia seseorang semakin tinggi peluang merasa sehat. Individu perempuan yang belum kawin, yang jumlah anggota rumah tangganya lebih dari 5 orang, yang tinggal di perkotaan, yang bekerja, yang tamat perguruan tinggi dan yang tidak merokok, lebih cenderung untuk merasa sehat dibandingkan individu lainnya. Semakin tinggi pendapatan semakin rendah probabilitas merasa sehat. Semakin tua usia seseorang semakin kecil probabilitas merasa sehat.

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### **ABSTRACT**

This research is aim to analyze the effect of happiness and other macro, meso, and micro factors on the status of health of the individual. The analysis was done from 71.677 respondents aged 17 years or over from the 2012 National Socioeconomic Survey. The results of the analysis using multinomial logistic regression show that the happier an individual the higher the probability to feel healthy. An individual who is female, is single, comes from five or more household members, works, is university graduate and does not smoke has higher chance of being healthy than other individuals. The higher the income the lower the probability of feeling healthy. The older the age the lower the probability of being healthy. This research is aim to analyze the effect of happiness and other macro, meso, and micro factors on the status of health of the individual. The analysis was done from 71.677 respondents aged 17 years or over from the 2012 National Socioeconomic Survey. The results of the analysis using multinomial logistic regression show that the happier an individual the higher the probability to feel healthy. An individual who is female, is single, comes from five or more household members, works, is university graduate and does not smoke has higher chance of being healthy than other individuals. The higher the income the lower the probability of feeling healthy. The older the age the lower the probability of being healthy]