

# Persepsi pemenuhan kebutuhan seksualitas pada pasien paska infark miokard di Jakarta = The perception of patients with post myocardial infarction on their sexual need fulfillment in Jakarta / Furaida Khasanah

Furaida Khasanah, author

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## Abstrak

[<b>ABSTRAK</b><br>

Pasien paska infark miokard sering mengalami gangguan pemenuhan kebutuhan seksual. Sampai sekarang penelitian terkait seksualitas paska infark miokard masih terbatas. Penelitian ini bertujuan memperoleh gambaran persepsi pemenuhan kebutuhan seksual pasien infark miokard. Penelitian ini menggunakan pendekatan kualitatif desain fenomenologi deskriptif, metode pengumpulan data wawancara dan catatan lapangan. Partisipan adalah pasien poli jantung RSUD Pasar Rebo Jakarta Timur yang terdiagnosa infark miokard. Data dianalisa dengan teknik Colaizzi. Penelitian ini mengidentifikasi 5 tema : perubahan fungsi seksual, ketakutan melakukan aktivitas seksual, alternative pemenuhan kebutuhan seksual, makna seksual bagi individu, kebutuhan pada pelayanan kesehatan. Hasil penelitian menunjukkan pasien dengan infark miokard mengalami gangguan dalam pemenuhan kebutuhan seksual dan membutuhkan bantuan tenaga kesehatan sesuai tema yang ditemukan.

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<b>ABSTRACT</b><br>

Patients with post Myocardial Infarction episode may experience disturbance in fulfilling their sexual needs. There were limited study in exploring this area. The aim of this study was to identify the perception of patients with Myocardial Infarction on their sexual need fulfillment. This was a qualitative study using phenomenological descriptive, with interview and field note as data collection method. The participants were from outpatients heart clinic at Pasar Rebo Regional General Hospital, East Jakarta, who were diagnosed with Myocardial Infarction. Data were analyzed with the Colaizzi technique. This study identifies five themes : change in sexuality function, fear of doing sexual activities, alternatives way for sexual needs, the meaning of sexuality for individual patient, and the need of health services. This study concluded that patients with post Myocardial Infarction experience disturbance of sexual need fulfilment and need support from health personal in solving their sexual need problems;Patients with post Myocardial Infarction episode may experience disturbance in fulfilling their sexual needs. There were limited study in exploring this area. The aim of this study was to identify the perception of patients with Myocardial Infarction on their sexual need fulfillment. This was a qualitative study using phenomenological descriptive, with interview and field note as data collection

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