

Pengalaman pasien post meningitis dan ensefalitis tentang kualitas hidupnya = The experience of post meningitis and encephalitis patients about their quality of life / Anja Hesnia Kholis

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Abstrak

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Meningitis dan ensefalitis merupakan infeksi sistem saraf pusat yang dapat mengancam jiwa. Apabila tidak ditangani dengan baik, akan menimbulkan defisit neurologis dan berdampak pada kehidupan sehari-hari. Tujuan penelitian ini adalah mengeksplorasi secara mendalam pengalaman hidup pasien postmeningitis dan ensefalitis terkait kualitas hidupnya. Penelitian kualitatif dengan pendekatan fenomenologi pada delapan partisipan ini ditentukan dengan teknik snowball sampling. Data dikumpulkan dengan wawancara mendalam dan catatan lapangan. Analisis data menggunakan metode Collaizi. Tema yang ditemukan adalah perubahan fungsi tubuh pasien, masalah sosial yang dihadapi pasien postmeningitis dan ensefalitis, strategi coping pasien, kebutuhan akan support system pasien, dan pengalaman pasien selama menerima pelayanan kesehatan. Hasil penelitian diharapkan sebagai data dasar pengembangan format pengkajian asuhan keperawatan dan instrumen kualitas hidup neuroinfection.

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ABSTRACT

Meningitis and encephalitis are life-threatening infection of the central nervous system. If it is not treated properly, will lead to neurological deficits and impact on daily life. The purpose of this study was to explore the life experiences of postmeningitis and encephalitis patients related to their quality of life. Qualitative research with phenomenological approach on eight participants involved were determined by snowball sampling technique. The data was collected by in-depth interviews and field notes. Collaizi's method was used to data analysis. The results of this investigation were: the changes body function of patients; the social problems faced by post-meningitis and encephalitis patients; the coping strategies of patients; the need support system of patients, and the experience patients during receiving health care. The study findings are expected to be the basic for both the development of nursing care assessment form and instrument of neuroinfection related to quality of life., Meningitis and encephalitis are life-threatening infection of the central nervous system. If it is not treated properly, will lead to neurological deficits and impact on daily life. The purpose of this study was to explore the life experiences of postmeningitis and encephalitis patients related to their quality of life. Qualitative research with phenomenological approach on eight participants involved were determined by snowball sampling technique. The data was collected by in-depth

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