

## Hubungan antara keterlibatan ayah dan kesulitan pengambilan keputusan karir pada remaja madya = The relationship between father involvement and career decision making difficulties

Aisyah Aulia Putri, author

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### Abstrak

Penelitian ini bertujuan untuk mengetahui hubungan antara keterlibatan ayah, baik domain afektif (father nurturant) maupun domain perilaku (reported father involvement), di sepanjang kehidupan anak dan kesulitan pengambilan keputusan karir pada remaja madya. Keterlibatan ayah merupakan sejauh mana ayah ikut berpartisipasi dalam berbagai aspek kehidupan anak-anak mereka (Finley, Mira, & Schwartz, 2008). Sedangkan kesulitan pengambilan keputusan karir didefinisikan sebagai hal-hal yang menghambat seseorang di saat orang tersebut harus membuat keputusan akan karirnya, memiliki kesediaan untuk menentukan karir yang dijalani, dan mampu membuat keputusan tentang karir yang tepat bagi dirinya (Gati & Saka, 2001).

Pengukuran keterlibatan ayah menggunakan alat ukur The Father Involvement and Nurturant Fathering Scales yang disusun oleh Finley dan Schwartz (2004) dan untuk pengukuran kesulitan pengambilan keputusan karir menggunakan alat ukur Career Decision-Making Difficulties Questionnaire (CDDQ) dari Gati, Krauz, dan Osipow (1996). Partisipan berjumlah 412 siswa SMA dengan usia 15 sampai 18 tahun di Jabodetabek.

Hasil penelitian ini menunjukkan bahwa hubungan yang signifikan dengan arah negatif antara keterlibatan ayah, baik pada domain afektif (father nurturant) maupun domain perilaku (reported father involvement) di sepanjang kehidupan anak dan kesulitan pengambilan keputusan karir pada remaja madya ( $r = -0.263$ ,  $p < 0.000$ ; two-tailed;  $r = -0.241$ ,  $p < 0.000$ ; two tailed). Berdasarkan hasil yang didapat, diharapkan ayah dapat terlibat didalam berbagai aspek kehidupan anak-anak mereka.

*This research was conducted to find the relationship between father involvement which comprise of father nurturant and reported father involvement, and career decision making difficulties in middle adolescent. Father involvement is the extent to which the father participated in various aspects of their children's life (Finley, Mira, & Schwartz, 2008). While career decision-making difficulties are defined as things that inhibit a person to make decisions on his career, have a willingness to determine his career, and able to make decisions about the right career for himself (Gati & Saka, 2001).*

Measurement in this study is using an instrument named The Father Involvement and Nurturant Fathering Scales which was developed by Finley and Schwartz (2004) and to measured career decision-making difficulties using an instrument named Career Decision-Making Difficulties Questionnaire (CDDQ) from Gati, Krauz, dan Osipow (1996). The partisipants of this research were 412 high school students from age 15 to 18 years old in Greater Jakarta.

The main results of this research shows that father involvement which comprise of father nurturant and reported father involvement negatively correlated with career decision-making difficulties in middle adolescents ( $r = -0.263$ ,  $p < 0.000$ ; two-tailed;  $r = -0.241$ ,  $p < 0.000$ ; two tailed). Based on the results, it is expected that the father can be involved in various aspects of their children's life.