

## Hubungan antara fear of intimacy dan adiksi cybersex pada dewasa muda = The correlation between fear of intimacy and cybersex addiction among young adults

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### Abstrak

[<b>ABSTRAK</b><br>

Penelitian ini bertujuan untuk mengetahui hubungan antara fear of intimacy dan adiksi cybersex pada dewasa muda. Penelitian ini menggunakan pendekatan kuantitatif dengan responden penelitian sebanyak 972 dewasa muda yang pernah melakukan aktivitas cybersex. Fear of intimacy diukur dengan adaptasi Fear of Intimacy Scale (FIS), sementara adiksi cybersex diukur dengan adaptasi Internet Sex Addiction Screening Test (ISST). Hasil penelitian ini menunjukkan bahwa terdapat hubungan positif yang signifikan ( $r = 0,180$ ,  $p < 0,01$ , one tail) antara fear of intimacy dan adiksi cybersex pada dewasa muda. Dapat dijelaskan bahwa semakin tinggi fear of intimacy, maka semakin banyak gejala adiksi cybersex yang ditunjukkan oleh dewasa muda.

;The aim of this research is to examine the relationship between fear of intimacy and cybersex addiction among young adults. This quantitative study assessed 972 young adults in Indonesia who have ever done cybersex activities. The adaptation of Fear of Intimacy Scale is used to measure fear of intimacy while the adaptation of Internet Sex Addiction Screening Test is used to measure cybersex addiction. The result of this research showed that fear of intimacy positively correlated significantly ( $r = 0,180$ ,  $p < 0,01$ , one-tail) with cybersex addiction among young adults. Therefore, the higher someone's fear of intimacy, the more signs of cybersex addiction shown among young adults.

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