

Hubungan antara keterlibatan ayah dan perilaku agresif remaja madya = Correlation between father involvement and middle adolescent aggressive behavior

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Abstrak

Fenomena remaja melakukan perilaku agresif semakin banyak ditayangkan di media massa. Salah satu faktor penyebab remaja melakukan perilaku agresif yaitu kurangnya stabilitas emosi, yang terbentuk dari keterlibatan ayah dalam kehidupan sang anak. Penelitian ini dilakukan untuk mengetahui hubungan antara keterlibatan ayah dan perilaku agresif remaja madya. Pengukuran keterlibatan ayah dilakukan menggunakan alat ukur Father Involvement Reported Scale yang disusun oleh Finley dan Schwartz (2004), sedangkan perilaku agresif remaja diukur menggunakan Aggression Questionnaire yang disusun oleh Buss dan Perry (1992). Partisipan penelitian ini berjumlah 436 orang siswa-siswi SMA yang berusia 15-18 tahun. Hasil penelitian ini menunjukkan bahwa terdapat hubungan yang signifikan antara keterlibatan ayah dan perilaku agresif remaja madya ($r=-0,117$; $p<0,05$; two-tailed). Ditemukan pula adanya beberapa korelasi signifikan antara keterlibatan ayah dan dimensi-dimensi perilaku agresif. Terdapat hubungan signifikan negatif antara keterlibatan ayah dengan agresi fisik ($r=-0,134$; $p<0,01$; two-tailed) dan sikap permusuhan ($r=-0,181$; $p<0,01$; two-tailed); serta hasil signifikan positif antara keterlibatan ayah dengan agresi verbal ($r=0,130$; $p<0,01$; two-tailed).

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Many adolescent aggressive behaviors appeared in media. One of the factors influencing those aggressive behavior is lack of emotional stability, which formed from father involvement in adolescent's life. The purpose of this research is to examine the correlation between father involvement and middle adolescent aggressive behavior. Father involvement was measured by Father Involvement Reported Scale (Finley & Schwartz, 2004), whereas adolescent aggressive behavior was measured by Aggression Questionnaire (Buss & Perry, 1992). Research participants were 436 high school students aged 15-18 years old. The result of this study indicate that there is significant correlation between father involvement and middle adolescent aggressive behavior ($r=-0,117$; $p<0,05$; two-tailed). There are another findings that father involvement has significant correlation with aggressive behavior dimensions, namely physical aggression, hostility, and verbal aggression. There is negative significant correlation between father involvement and both physical aggression ($r=-0,134$; $p<0,01$; two-tailed) and hostility ($r=-0,181$; $p<0,01$; two-tailed); positive significant correlation between father involvement and verbal aggression ($r=0,130$; $p<0,01$; two-tailed).