

## Hubungan antara tingkat apresiasi dan kualitas hubungan romantis pada dewasa muda yang berpacaran = The relationship between level of appreciation and romantic relationship quality among young adults who are dating

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### Abstrak

Penelitian ini dilakukan untuk mendapatkan gambaran mengenai hubungan antara tingkat apresiasi dan kualitas hubungan romantis pada dewasa muda yang berpacaran. Pengukuran tingkat apresiasi menggunakan alat ukur Appreciation Inventory (Adler, 2002) dengan koefisien reliabilitas sebesar 0.940 dan pengukuran kualitas hubungan romantis menggunakan alat ukur Partner Behaviours as Social Context dan Self Behaviours as Social Context (Ducat, 2009) dengan masing-masing koefisien reliabilitas cronbach alpha sebesar 0.930 dan 0.920. Responden penelitian ini berjumlah 434 orang yang terdiri dari 207 laki-laki dan 227 perempuan yang memiliki karakteristik berusia 20-40 tahun, sedang berpacaran dan memiliki keinginan untuk menikah.

Hasil penelitian menunjukkan terdapat hubungan positif yang signifikan antara tingkat apresiasi dan kualitas hubungan romantis pada dewasa muda yang sedang berpacaran ( $r = 0.337$ ,  $p < 0.01$ ). Dengan kata lain, semakin tinggi tingkat apresiasi individu maka semakin tinggi kualitas hubungan romantis individu tersebut.

*This purpose of study was to find correlation between level of appreciation and romantic relationship quality among young adults who are dating. Level of appreciation was measured with Appreciation Inventory (Adler, 2002) which had cronbach alpha coefficient 0.940 and romantic relationship quality was measured with Partner Behaviours as Social Context and Self Behaviours as Social Context (Ducat, 2009) which had cronbach alpha coefficient 0.930 for report about the partner and 0.920 for self-report. Respondents on this research were 434 respondents which 207 males and 227 females. Characteristics of respondents aged 20-40 years old, in a relationship and have an intention to get married. The result of this study showed that there was a positive significant correlation between level of appreciation and romantic relationship quality among young adults who are dating ( $r = 0.337$ ,  $p < 0.01$ ). This result means that the higher level of appreciation, the higher romantic relationship quality.*