

Hubungan antara keberfungsian keluarga dan personality traits pada mahasiswa tahun pertama di Universitas Indonesia = The relationship between family functioning and personality traits among freshmen in University of Indonesia

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Abstrak

Penelitian ini dirancang untuk mengetahui hubungan antara keberfungsian keluarga dan personality traits pada mahasiswa baru di Universitas Indonesia. Keberfungsian keluarga diukur menggunakan instrumen Family Adaptation and Cohesion Evaluation Scale (FACES II) dan Family Communication Scale (FCS), sedangkan personality traits diukur menggunakan instrumen The Mini International Personality Item Pool (The Mini- IPIP). Terdapat 667 partisipan penelitian yang merupakan mahasiswa baru Universitas Indonesia yang tersebar di 14 fakultas.

Hasil penelitian menunjukkan korelasi yang positif dan signifikan antara keberfungsian keluarga dan extraversion ($r = 0,170$, $p < 0,01$), agreeableness ($r = 0,146$, $p < 0,01$), conscientiousness ($r = 0,259$, $p < 0,01$), openness to experience ($r = 0,105$, $p < 0,01$), serta terdapat korelasi yang negatif dan signifikan antara keberfungsian keluarga dan neuroticism. ($r = -0,126$, $p < 0,01$). Lebih lanjut, diketahui dari ketiga dimensi keberfungsian keluarga, dimensi komunikasi memiliki korelasi paling tinggi dengan extraversion dan conscientiousness, dimensi kohesivitas memiliki korelasi paling tinggi dengan agreeableness, dan dimensi fleksibilitas memiliki korelasi paling tinggi dengan neuroticism dan openness to experience.

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This study was designed to investigate correlation between family functioning and Personality Traits among freshmen in University of Indonesia. Family functioning was measured by Family Adaptation and Cohesion Evaluation Scale (FACES II) and Family Communication Scale (FCS), and personality traits was measured by The Mini International Personality Item Pool (The Mini- IPIP). There were 667 participants from 14 faculties in University of Indonesia participated in this study.

The results show significant and positive correlation between family functioning and extraversion ($r = 0,170$, $p < 0,01$), agreeableness ($r = 0,146$, $p < 0,01$), conscientiousness ($r = 0,259$, $p < 0,01$), openness to experience ($r = 0,105$, $p < 0,01$), and the result also show significant and negative correlation between family functioning and neuroticism ($r = -0,126$, $p < 0,01$). Furthermore, among three dimensions of family functioning, communication has the highest correlation with extraversion and conscientiousness, cohesion has the highest correlation with agreeableness, and flexibility has the highest correlation with neuroticism and openness to experience.