

## Handbook of occupational health and wellness

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20410709&lokasi=lokal>

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### Abstrak

This book integrates the growing clinical research evidence related to the emerging transdisciplinary field of occupational health and wellness. It includes a wide range of important topics, ranging from current conceptual approaches to health and wellness in the workplace, to common problems in the workplace such as presenteeism/abstenteeism, common illnesses, job-related burnout, to prevention and intervention methods. It consists of five major parts.