

Maternal and Child health Determinants in West Manggarai District East Nusa Tenggara Province

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Abstrak

Background: West Manggarai district in period January until 2012. infant mortality rate were 34 cases, stillbirths were 33 cases and maternal mortality rate was 9 cases. Methods: This research is qualitative study using Focus Group Discussion (FGD desain, cooperation with head of public health center, midwife, nutrition program manager and public health at health department. Results: Maternal and infant mortality in Labuan Bajo public health center caused by maternal nutritional deficiency, infectious diseases such as malaria and typhoid fever, mother less attention to the baby when the baby's ill and difficult access to health services. the problem solution is pregnant women should be regularly having antenatal care, using of mosquito nets. need to be provided cheaper sea transport. Causes of malnutrition and undernourishment is knowledge, parenting skill and infectious diseases such as diarrhea and malaria. To overcome this problem midwife should be proactive giving counseling to families with malnutrition children under five. Maternal and infant mortality in winekang public health center caused by not availability of hospital at district, pregnant women still seeking treatment to traditional healers, the implementation of government regulation are less strict and families often late in taking decision to be referred. the solution is health officers must always giving counseling to pregnant woman and cross-sector approach to monitoring. Whereas the main cause nutritional problems is parenting behavior, infectious diseases, and not enough health food. Conclusion: maternal and infant mortality caused by difficult access to health service, there are pregnant women who go to traditional healers, not available of hospitals in the district, also infectious diseases like malaria and diarrhea. the solution is the midwife must active involving the village and subdistrict heads in monitoring pregnant woman, need to provide a boat and build district hospital.