

Penerapan prinsip dir/floortime untuk meningkatkan kualitas komunikasi dua arah antara ibu dan anak dengan autism spectrum disorder (ASD) usia sekolah = The application of dir/floortime principles to increase the quality of two way communications on mother and child with autism spectrum disorder (ASD)

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Abstrak

Kemampuan untuk melakukan komunikasi dua arah merupakan masalah utama anak dengan autisme. Pendekatan DIR/Floortime merupakan pendekatan multi disiplin yang fokus meningkatkan kualitas komunikasi dan interaksi antara caregiver dan anak. Penelitian ini menggunakan desain penelitian single case design (N=1), yang bertujuan untuk melihat efektivitas penerapan prinsip DIR/Floortime untuk meningkatkan kualitas komunikasi dua arah antara ibu dan anak dengan autisme. Peningkatan kualitas komunikasi dua arah diukur melalui peningkatan frekuensi Circle of Communication (CoC) dan skor Functional Emotional Assesment Scale (FEAS) ibu dan anak. Penelitian ini juga menggunakan alat ukur penunjang untuk mengetahui profil biologis ibu dan anak, yaitu Sensory Processing Motor Planning Questionnaire (SPMPQ) dan Observe Child's Behavior Challenge (OCBC).

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Two-way communications is the core deficit of child with autism. DIR/Floortime is a multidiscipline approach that focus to improve the quality of communication and interaction between caregiver and child. This research is a single case design (N=1), that aimed to determine the effectiveness of the application of DIR/Floortime approach to increase the quality of two-way communications between mother and child with Autism Spectrum Disorder (ASD). The improvement of the two-way communication is measured from the increase of circle of communication's frequency and child and caregiver's functional emotional assessment scale's scores. This research also used supporting tools that used to know about child and caregiver's biological profile, such as Sensory Processing Motor Planning Questionnaire (SPMPQ) dan Observe Child's Behavior Challenge (OCBC).