

Hubungan antara social comparison dan prokrastinasi akademik pada mahasiswa = The relationship between social comparison and academic procrastination among college students

Septiani Rahayu Widiastuti, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20402691&lokasi=lokal>

Abstrak

Academic procrastination was often doing by college students (Ellis & Knaus, in Solomon & Rothblum, 1984). One of the factors that influence academic procrastination is how the people look themselves. The person who looks themselves poorly and engages with fear of failure has a tendency to avoid evaluating with others (Vohs & Heatherton, 2004). Social comparison constructed into two dimensions are ability and opinion (Gibbons & Buunk, 1999). So, the researcher conducted a study to find the relationship between social comparison and academic procrastination among college students. Social comparison is measured using Iowa-Netherlands Comparison Orientation Measureproposed (INCOM) and academic procrastination is measured using Procrastination Assessment Scale for Students (PASS). The participants of this study are 211 participants (150 female, " 61 male) that selected by non-random sampling (accidental sampling). The result show that in general, there is no significant relationship between social comparison about ability dimension and academic procrastination ($R= 0,116$; $p=0,120$). Then, there's a significant relationship between social comparison about opinion dimension and academic procrastination ($R= -0,191$; $p= 0,0110$, significant at $\alpha 0,05$).

.....

Academic procrastination was often doing by college students (Ellis & Knaus, in Solomon & Rothblum, 1984). One of the factors that influence academic procrastination is how the people look themselves. The person who looks themselves poorly and engages with fear of failure has a tendency to avoid evaluating with others (Vohs & Heatherton, 2004). Social comparison constructed into two dimensions are ability and opinion (Gibbons & Buunk, 1999). So, the researcher conducted a study to find the relationship between social comparison and academic procrastination among college students. Social comparison is measured using Iowa-Netherlands Comparison Orientation Measureproposed (INCOM) and academic procrastination is measured using Procrastination Assessment Scale for Students (PASS). The participants of this study are 211 participants (150 female, 61 male) that selected by non-random sampling (accidental sampling). The result show that in general, there is no significant relationship between social comparison about ability dimension and academic procrastination ($R= 0,116$; $p=0,120$). Then, there's a significant relationship between social comparison about opinion dimension and academic procrastination ($R= -0,191$; $p= 0,0110$, significant at $\alpha 0,05$).