

## Hubungan antara perceived social support dan kecanduan internet pada remaja di Jakarta = The relationship between perceived social support and internet addiction among adolescents in Jakarta / Wirdatul Anisa

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### Abstrak

[Penggunaan internet di Indonesia kini semakin meningkat dan sebagian besar penggunanya adalah remaja. Internet memiliki dampak positif jika digunakan sesuai dengan fungsinya, tetapi di sisi lain penggunaan internet dapat menyebabkan kecanduan internet. Beberapa penelitian menunjukkan bahwa dukungan sosial dapat mencegah terjadinya kecanduan internet pada remaja. Penelitian ini bertujuan untuk melihat gambaran perceived social support dan kecanduan internet pada remaja, serta hubungan dari keduanya. Penelitian ini dilakukan pada 148 remaja usia 18-22 tahun di Jakarta. Alat yang digunakan untuk mengukur perceived social support adalah Multidimensional Scale of Perceived Social Support (MSPSS) dan untuk kecanduan internet adalah Internet Addiction Test (IAT). Penelitian ini menunjukkan bahwa sebagian besar partisipan memiliki tingkat perceived social support yang sedang dan tingkat kecanduan internet yang ringan, serta tidak ditemukan adanya hubungan yang signifikan antara perceived social support dan kecanduan internet.;

Currently there is a significant increase in internet use in Indonesia and the majority users are adolescents. Internet has positive impact when used in accordance with its function, but in other hand excessive use of internet may result in internet addiction. Several research shows that social support can prevent internet addiction in adolescents. This study aim to examine level of perceived social support and internet addiction and the correlation of perceived social support and internet addiction. This study was conducted on 148 adolescents age 18-22 years in Jakarta. The instrument used to measure perceived social support is the Multidimensional Scale of Perceived Social Support (MSPSS) and for Internet addiction is the Internet Addiction Test (IAT). This study showed that majority of participants have an average perceived social support and mild internet addiction, and it was found no significant relationship between perceived social support and Internet addiction.;

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