

# **Hubungan parenting style authoritative authoritarian dan permissive dan persepsi orangtua mengenai regulasi emosi pada anak usia prasekolah = The relationship between parenting style authoritative authoritarian and permissive and parent's perception about emotion regulation in preschool aged children**

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## **Abstrak**

Penelitian ini dilakukan untuk mendapatkan gambaran mengenai hubungan antara Parenting Style (Authoritative, Authoritarian dan Permissive) dan persepsi orangtua mengenai regulasi emosi pada anak usia prasekolah. Parenting Styles orangtua diukur menggunakan Parenting Styles and Dimensions Questionnaire-Short Form (PSDQ; Robinson, Mandleco, Olsen, & Hart, 2001) dan persepsi orangtua mengenai emosi regulasi anak dengan menggunakan The Emotion Regulation Checklis (ERC; Shields & Cicchetti, 1997). Partisipan yang terlibat dalam penelitian ini berjumlah 154 orangtua yang memiliki anak usia prasekolah di daerah Jabodetabek.

Hasil penelitian ini menunjukkan bahwa terdapat hubungan yang signifikan antara parenting style authoritative orangtua dan regulasi emosi anak usia prasekolah. Selain itu, penelitian ini juga menunjukkan korelasi yang negatif antara kedua parenting style authoritarian dan permissive dan regulasi emosi anak usia prasekolah.

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The aim of this research is to examine whether there is relationship between parenting style (Authoritative, Authoritarian, and Permissive) and parent's perception about emotion regulation in preschool aged-children. Parenting styles was measured using Parenting Styles and Dimensions Questionnaire-Short Form (PSDQ; Robinson, Mandleco, Olsen, & Hart, 2001) and parent's perception about emotional regulation in children was measured using The Emotion Regulation Checklist (ERC; Shields & Cicchetti, 1997). The respondents in this research were 154 parents who have preschool aged-children living in Jabodetabek.

The results show that there is a significant relationship between authoritative parenting styles and emotional regulation in preschool aged-children, and negative correlation between both authoritarian and permissive parenting styles and emotion regulation in preschool aged-children.