

Multiple dimensions of caregiving and disability: research, practice, policy

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20396272&lokasi=lokal>

Abstrak

This book reviews the research and philosophical foundations for using mindfulness, acceptance, and Buddhist psychology in couple and family therapy. It also provides a detailed and practical approach for putting these ideas into action in the therapy room, including a mindful approach to therapeutic relationships, case conceptualization, treatment planning, teaching meditation, and intervention.;