

Laporan praktik residensi keperawatan medikal bedah sistem muskuloskeletal dengan pendekatan model adaptasi roy evidence based nursing practice dan inovasi keperawatan di rumah sakit umum pusat Fatmawati = Reports practice residency medical surgical nursing musculoskeletal system with roy adaptation model approach evidence based nursing practice and innovation in nursing the general hospital center Fatmawati

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Abstrak

Osteomyelitis kronis adalah infeksi berat yang dapat terbatas pada satu bagian tulang atau dapat melibatkan beberapa daerah, seperti sumsum, korteks, periosteum, dan jaringan lunak sekitarnya yang membutuhkan perawatan segera. Osteomyelitis kronis membutuhkan pengobatan dan perawatan dalam waktu lama sehingga menimbulkan masalah fisik dan psikologis, seperti masalah personal klien, keluarga dan ekonomi. Laporan ini merupakan hasil analisis kegiatan praktik residensi dengan memberikan asuhan keperawatan pada pasien yang mengalami gangguan muskuloskeletal; osteomyelitis dengan pendekatan model adaptasi Roy.

Hasil penerapan evidence based nursing practice menunjukkan bahwa masase tangan efektif menurunkan kecemasan pada pasien preoperatif bedah ortopedi. Sedangkan hasil kegiatan inovasi keperawatan tentang edukasi terstruktur dan discharge planning dapat menurunkan kecemasan pasien preoperative bedah ortopedi dan meningkatkan kepatuhan pasien dalam perawatan di rumah sakit. Hasil analisis menunjukan bahwa asuhan keperawatan pada pasien gangguan muskuloskeletal dengan pendekatan model adaptasi Roy, teknik relaksasi dengan masase tangan, edukasi terstruktur, dan discharge planning efektif dalam upaya mengatasi masalah pasien gangguan system muskuloskeletal agar dapat mencapai respon yang adaptif.

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Chronic osteomyelitis is a severe infection that can be limited to one part of the bone or may involve several areas, such as the marrow, cortex, periosteum, and surrounding soft tissues that require immediate treatment. Chronic osteomyelitis in need of treatment and care for a long time, causing physical and psychological problems, such as personal problems of clients, families and the economy. This report is the result of the analysis of practice residency activities by providing nursing care to patients who have musculoskeletal disorders; osteomyelitis with Roy adaptation model approach.

The results of the application of evidence-based nursing practice indicates that the hand massage effectively reduce anxiety in patients with preoperative orthopedic surgery. While the results of the innovation activities of nursing education and structured discharge planning can reduce the patient's preoperative anxiety and improve compliance orthopedic surgery patients in hospital care. The results of the analysis showed that nursing care to patients with musculoskeletal disorders Roy adaptation model approach, relaxation techniques with hand massage, structured education, and effective discharge planning in an effort to overcome the problem of musculoskeletal system disorder patients in order to achieve adaptive response.