

## Hubungan antara parenting self efficacy dan konflik peran pada ibu bekerja dari toddler = The relationship between parenting self efficacy and role conflict among working mothers of toddler

Wigati Ambar Pertiwi, author

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### Abstrak

Penelitian ini dilakukan untuk mengetahui hubungan antara parenting self-efficacy dan konflik peran pada ibu bekerja dari toddler. Pengukuran parenting self-efficacy dilakukan dengan alat ukur Self-Efficacy Parenting for Tasks Index - Toddler Scale (SEPTI-TS) yang dikembangkan oleh Coleman (1998), sedangkan konflik peran diukur melalui Wave V Role Conflict Scale yang dikembangkan oleh Markle (1998). Partisipan dalam penelitian ini adalah 142 ibu bekerja dari toddler yang bekerja minimal selama 40 jam per minggunya.

Hasil penelitian menunjukkan adanya hubungan negatif yang signifikan antara parenting self-efficacy dan konflik peran ( $r = -0.390$ ,  $n = 142$ ,  $p < 0.01$ , two tail). Artinya, semakin tinggi parenting self-efficacy ibu, semakin rendah konflik peran yang dialami, begitupun sebaliknya.

*This study examined the relationship between parenting self-efficacy and role conflict among working mothers of toddler. Parenting self-efficacy was measured by Self-Efficacy Parenting for Tasks Index - Toddler Scale (SEPTI-TS) developed by Coleman (1998), whereas role conflict was measured by Wave V Role Conflict Scale developed by Markle (1998). The participants of this study were 142 working mothers of toddler who work at least 40 hours per week.*

The result of this study shows that there is a significant, negative relationship, between parenting self-efficacy and role conflict ( $r = -0.390$ ,  $n = 142$ ,  $p < 0.01$ , two tail). It indicates that the higher mothers' parenting self-efficacy, the lower their role conflict, and vice versa.