

Analisis praktik residensi keperawatan medikal bedah pada pasien dengan gangguan sistem kardiovaskular dengan penerapan teori Sistem Neuman di RS Pusat Jantung dan Pembuluh Darah Harapan Kita Jakarta = Analysis of medical surgical nursing practice of residency on patient with cardiovascular system disorder using Neuman System Model in National Cardiovascular Center Harapan Kita Jakarta

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Abstrak

Karya Ilmiah Akhir ini merupakan analisis pengalaman residen selama pelaksanaan praktik residensi keperawatan medikal bedah peminatan kardiovaskular meliputi pemberian asuhan keperawatan dengan pendekatan proses keperawatan menggunakan teori keperawatan Model Sistem Neuman, penerapan praktik keperawatan berdasarkan pembuktian dan pelaksanaan inovasi keperawatan. Teori keperawatan Model Sistem Neuman ini berfokus pada individu dan persepsi serta reaksi terhadap stressor termasuk faktor yang mempengaruhinya, yang memungkinkan perawat untuk dapat memberikan asuhan keperawatan yang kreatif melalui intervensi keperawatan mengurangi stressor baik intervensi pencegah primer, sekunder maupun tersier. Masalah keperawatan yang paling sering muncul adalah penurunan curah jantung, intoleransi aktifitas, ansietas, kelebihan volume cairan tubuh dan nyeri. Pelaksanaan praktik keperawatan berdasarkan pembuktian yang telah diterapkan yaitu tehnik Progressive Muscle Relaxation terhadap ansietas dan depresi pasien gagal jantung. Pelaksanaan inovasi keperawatan berupa penyusunan formulir penilaian dan intervensi risiko jatuh.

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The final paper is an analysis of resident experience during implementation of medical-surgical nursing practice the specialization of residency cardiovascular include nursing care using the nursing process approach to nursing theory Neuman Systems Model, the application of evidence-based nursing practice and nursing innovation implementation. Neuman Systems Model nursing theory focuses on the individual and their perceptions and reactions to stressors include factors that influence it, which allows nurses to provide nursing care through creative nursing interventions prevention interventions reduce stressors both primary, secondary and tertiary. Nursing problem most often arises is the decrease in cardiac output, activity intolerance, anxiety, excess body fluid volume and pain. Implementation of evidence-based nursing practice that has been implemented is Progressive Muscle Relaxation techniques against anxiety and depression patients with heart failure. Implementation of nursing innovations in the form of preparation of risk assessment forms and interventions fall.