

Analisis praktik residensi keperawatan medikal bedah pada pasien dengan gangguan sistem kardiovaskular dengan penerapan Model The Dynamic Nurse - Patient Relationship Ida Jean Orlando di Rumah Sakit Jantung dan Pembuluh Darah Harapan Kita Jakarta = Practical analysis of medical surgical nursing at patient with cardiovascular's system disorders by implementing The Dynamic Nurse - Patient Relationship model by Ida Jean Orlando's theory in cardiovascular hospital, Harapan Kita, Jakarta

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Abstrak

Karya Ilmiah Akhir ini merupakan analisis dari rangkaian kegiatan praktik residensi Ners Spesialis Keperawatan Medikal Bedah, dengan penerapan Model The Dynamic Nurse - Patient Relationship Ida Jean Orlando pada proses keperawatan pasien gangguan sistem kardiovaskular, penerapan praktik keperawatan berdasarkan pembuktian, dan melakukan inovasi keperawatan. Pengkajian pasien dengan teori Ida Jean Orlando berfokus pada hubungan dan reaksi antara perawat-pasien. Apa yang perawat dan pasien katakan dan bagaimana pengaruhnya untuk kedua belah pihak. Tindakan keperawatan yang dilakukan diperoleh dari pengalaman pasien yang sifatnya segera dan memerlukan pertolongan cepat. Asumsi utama dalam teori Orlando terdapat tiga dari empat konsep utama yaitu person (manusia), kesehatan dan keperawatan. Konsep keempat, lingkungan tidak termasuk dalam teorinya. Kebutuhan untuk dibantu (diagnosis keperawatan) yang umum terjadi pada pasien antara lain : penurunan cardiac output, gangguan pertukaran gas, inefektif bersihan jalan napas, risiko perdarahan, nyeri akut dan risiko infeksi. Pelaksanaan praktik keperawatan berdasarkan pembuktian, dilakukan untuk pengelolaan nyeri pada pasien post CABG. Intervensi dilakukan dengan memberikan terapi dingin (cold therapy) dengan gel pack selama 20 menit, sebelum latihan napas dalam dan batuk efektif. Pelaksanaan inovasi keperawatan berupa penyusunan format pengkajian keperawatan, identifikasi masalah dan rencana tindak lanjut pasien dengan gangguan sistem kardiovaskular di unit rawat jalan PJNHK.

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This scientific work is analysis from series of practice residency Nurse Medical Surgical Nursing Specialist by implementing The Dynamic Nurse Patient Relationship model by Ida Jean Orlando's theory at nursing process with cardiovascular disorder implementation of nursing practical based on evidence and making innovation in nursing. Assessment to patient with Ida Jean Orlando's theory was focusing on relationship and interaction between nurse patient What are the nurse and patient said and how they affect each other. Nurse action that taken was obtained from patient experience with is urgent and need first aid. The main assumption in Orlando's theory there are at least 3 out of 4 main concepts i.e person human health and nurse. The fourth concept is the environment was not included in his theory. The need to get help diagnostic of nursing which generally happened to patient i.e decreased of cardiac output impaired gas exchange ineffective airway clearance risk of hemorrhage acute pain and risk for infection. Implementation of nursing practical based on evidence has to done to reducing patient pain Post CABG pain management after bypass surgery. Intervention was done by providing cold therapy with gel pack up to 20 minutes before deep

breathing exercise and cough. Implementation of nursing innovation in form of preparation of nursing assessment formats for nursing problem identification follow up plan for patient with cardiovascular system disorder at outpatient unit in cardiovascular hospital Harapan Kita Jakarta.