

Model anak untuk anak terpadu dalam pengelolaan gizi kurang pada anak usia sekolah dasar di Kelurahan Tugu Kecamatan Cimanggis Kota Depok = The model of child to child integrated in managing under nutrition at school age student in Kelurahan Tugu Kecamatan Cimanggis Kota Depok

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Abstrak

Anak usia sekolah sering mengalami masalah gizi kurang. Model Anak Untuk Anak (AUA) Terpadu merupakan inovasi tindakan keperawatan dalam pengelolaan gizi kurang yang mengintegrasikan model Child to Child dengan program Usaha Kesehatan Sekolah (UKS). Hasil penerapan AUA Terpadu menunjukkan adanya peningkatan kemampuan (pengetahuan, sikap dan perilaku) anak usia sekolah dengan gizi kurang, kader kesehatan sekolah, dan kemandirian keluarga IV sebanyak 70%, dan menurunnya prevalensi gizi kurang sebanyak 14,3%. Perencanaan program UKS dalam pengelolaan gizi kurang disarankan melibatkan partisipasi kader kesehatan sekolah dalam pengelolaan gizi kurang dengan AUA Terpadu.

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Under nutrition problem is a common health problem in school age aggregate. The model of child to child integrated is a nursing innovation intervention in managing under nutrition. It integrates application of the child to child model with school health program. The implementation showed elevation in knowledge, attitudes and behavior of school-age children with under nutrition, the school health volunteers and the levels of family self-sufficiency IV as much as 70%, and decrease prevalence of under nutrition 14,3%. The planning of school health program, therefore, suggested involving active participation from school health volunteer in managing under nutrition with Child to Child Integrated model.