

# Konseling seksualitas sebagai bentuk intervensi keperawatan komunitas untuk mengadaptasikan kebutuhan seksualitas pada Lansia di Kelurahan Tugu Kota Depok=Sexuality counseling as a design of community nursing intervention for adapting sexuality needs to elderly at Tugu in Depok

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## Abstrak

Karya ilmiah akhir ini bertujuan mengadaptasikan kebutuhan seksualitas lansia melalui konseling seksualitas. Karya ilmiah akhir ini telah diaplikasikan dalam manajemen keperawatan komunitas, asuhan keperawatan keluarga, dan komunitas, dengan mengintegrasikan teori dan model manajemen pelayanan kesehatan, functional consequence, model family center nursing dan model transcultural nursing. Partisipan adalah lansia di Kelurahan Tugu Kota Depok.

Hasil aplikasi ini menggambarkan konseling seksualitas merupakan intervensi keperawatan komunitas untuk mengadaptasikan kebutuhan seksualitas pada lansia, tersosialisasikannya kebutuhan seksualitas di Puskesmas dan Dinas Kesehatan, 4 keluarga mandiri 2, 4 keluarga kemandirian 3 dn 2 keluarga kemandirian 4. Disimpulkan bahwa karya ilmiah akhir ini diharapkan dapat menjadi dasar program perencanaan PTM di Dinas kesehatan dalam program kebutuhan seksualitas lansia.

.....The aim of this study is to adapt the needs of elderly sexual through sexuality counseling. This study was applied in management of community health nursing services and family nursing by integrated to management function in nursing services, functional consequence, family centre nursing model and transcultural. The participants are elderly who lives at Tugu in Depok City.

The results of this application describes the sexuality counseling were to adapt the community nursing intervention on the sexual needs of the elderly, introduction of the sexual needs of the Health Center and Health Department consists of four independent families from two, four independent families from three and two independent families from four. In conclusion, this scientific paper is expected to provide a guidelines in the PTM planning program in the Health Department's sexual needs of the elderly program.