

Laporan akhir praktik spesialis keperawatan maternitas penerapan teori self care orem pada asuhan keperawatan ibu hamil dengan Gestational Diabetes Mellitus (GDM)= The final report of maternity nursing specialist practice the application of orem s self care theory in nursing care of pregnant women with Gestational Diabetes Mellitus (GDM)

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#### Abstrak

Praktik residensi keperawatan maternitas bertujuan untuk meningkatkan pengetahuan ketrampilan dan sikap dalam memberikan asuhan keperawatan pada masalah kesehatan perempuan sepanjang periode kehidupannya baik di rumah sakit maupun komunitas Residensi keperawatan maternitas mencapai tujuan tersebut melalui pengembangan fungsi dan peran perawat Tujuan penulisan laporan ini untuk memberikan gambaran peran spesialis keperawatan maternitas sebagai pemberi asuhan keperawatan konselor advokat edukator koordinator kolaborator komunikator agen pembaharu dan peneliti Spesialis keperawatan maternitas memberikan asuhan keperawatan dengan menggunakan model konsep dan teori keperawatan yang sesuai dengan kondisi klien Penerapan teori self care Orem sesuai untuk memandirikan ibu hamil dengan gestational diabetes mellitus dalam merawat kehamilannya Kata kunci Gestational diabetes mellitus Spesialis keperawatan maternitas Teori keperawatan Daftar Pustaka 37 1995 ndash 2011.

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Maternity nursing residency practice aims to improve knowledge skills and attitudes in providing nursing care to women 39 s health problems during the period of their life either in the hospital or community Maternity nursing residency achieves these goals through the development of nurse rsquo s function and role The purpose of this report is to provide an overview of maternity nursing specialist rsquo s role as a care provider a counselor an advocate an educator a coordinator a collaborator a communicator an innovator and a researcher Maternity nursing specialists provide nursing care with the application of nursing conceptual models and theories suitable to the client 39 s condition The application of Orem rsquo s self care nursing theory is appropriate for pregnant women with gestational diabetes mellitus to meet theirself care needs during pregnancy Keywords Gestational diabetes mellitus Maternity nursing specialist nursing theory Bibliography 37 1995 ndash 2011