

Penerapan preoperative teaching pada klien dengan masalah Bedah Benign Prostatic Hyperplasia- Transurethral Resection of the Prostate (BPH-TURP) di Ruang Anggrek Tengah Kanan (Bedah Kelas) RSUP Persahabatan = The analysis of application preoperative teaching in Benign Prostatic Hyperplasia-Transurethral Resection of the Prostate (BPH-TURP) Client at Ward of Anggrek Tengah Kanan (Bedah Kelas) RSUP Persahabatan

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Abstrak

Penuaan menyebabkan pembesaran kelenjar prostat, sehingga insiden dan prevalensi Benign Prostatic Hyperplasia (BPH) pada lansia pria semakin meningkat. Kasus BPH di perkotaan, banyak ditangani dengan Transurethral Resection of the Prostate (TURP). Karya ilmiah ini memaparkan dan menganalisis asuhan keperawatan perioperatif pada kasus penundaan operasi, salah satu klien BPH-TURP, dengan menitikberatkan pada implementasi preoperative teaching. Hasil analisis menunjukkan bahwa ansietas preoperatif dan risiko komplikasi postoperatif dapat ditangani dengan preoperative teaching. Penyusun menyarankan penerapan preoperative teaching secara optimal oleh perawat, sesuai dengan kebutuhan klien.

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Aging process cause enlargement of prostate gland, so that the incidence and prevalence of Benign Prostatic Hyperplasia (BPH) in elderly male is increasing. The case of BPH in urban areas, most dealt with Transurethral Resection of the Prostate (TURP). This paper aimed to describe and analyze perioperative nursing care of the delay surgery case on one client with BPH-TURP, with emphasized on preoperative teaching. Analysis showed that preoperative anxiety and risk of postoperative complications can be reduce by preoperative teaching. Writer suggested that delivering preoperative teaching by nurse should be done optimally, based on client's needs.