Pengembangan aplikasi foto makanan fpa sebagai alat ukur estimasi porsi di Jakarta = Development of food photograph application fpa for portion estimation tools in Jakarta / Sistha Adipraniastuti

Sistha Adipraniastuti, author

Deskripsi Lengkap: https://lib.ui.ac.id/detail?id=20350692&lokasi=lokal

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Abstrak

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Objective of this study is to develop Food Photographs Application (FPA) as a tool for portion size estimation. Cross sectional study performed in two stages; development and user opinion. Input for FPA improvement from experts are should be community based and include mixed food with various food portions. FPA1 developed in software, contains; 201 food items in 354 items of food portion with various HH measurement unit. After FPA1 developed, 62.9% of dieticians, 82.9% of enumerators, and 42.9% of clients choose FPA1 rather than existing tools because FPA1 is more portable, have more complete food variation, various food portion and HH measurement unit.

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