

Pengaruh "paket ibu sehat" terhadap pengetahuan dan perilaku mengatasi gejala klinis saat serangan malaria pada ibu hamil di Kabupaten Sumba Barat Daya = Effect of "healthy mother package" on knowledge and behaviour of overcoming clinical symptoms during malaria attack among pregnant women in Southwest Sumba / Meiyeriance Kapitan

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Abstrak

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Kejadian infeksi malaria selama kehamilan dapat menyebabkan terjadinya komplikasi pada ibu dan janin. Komplikasi tersebut dapat dicegah jika ibu hamil mampu melakukan perawatan mengatasi gejala klinis saat serangan malaria.

Tujuannya mengetahui pengaruh "Paket Ibu Sehat" terhadap pengetahuan dan perilaku mengatasi gejala klinis saat serangan malaria pada ibu hamil di Kabupaten Sumba Barat Daya. Jenis penelitian eksperimen semu dengan desain post test only with control group . Pengambilan sampel dengan quota sampling berjumlah 62 responden. Kelompok intervensi mendapat pendidikan kesehatan, praktek dan kunjungan rumah. Analisis data menggunakan Chi Square dan hasil penelitian ini menunjukkan pengetahuan dan perilaku pada kelompok intervensi berbeda bermakna dibandingkan dengan kelompok kontrol ( $p < 0,05$ ).

Rekomendasinya "Paket Ibu Sehat" dapat digunakan untuk panduan mengatasi gejala klinis saat serangan malaria tanpa komplikasi pada ibu hamil. **ABSTRACT**  
The incidence of malaria infection during pregnancy can lead to complications in the mother and fetus. These complications can be prevented if pregnant women are able to overcome clinical symptoms of malaria attack. This study aimed to investigate the influence of "Healthy Mothers Package" on knowledge and behavior during an attack of malaria among pregnant women in Southwest Sumba. The study design was a quasi-experiment with a post-test only and control group. Quota sampling technique was used to obtain 62 respondents. Intervention group was provided with health education, followed by practice and home visits. Data collected were analyzed using Chi square tests. Results indicated that knowledge and behavior were significant different in the intervention group compared with the control group ( $p < 0.05$ ). It is recommended that the "Healthy Mothers Package" can be used to guide pregnant mothers overcoming clinical symptoms during malaria attack.