

Pengaruh terapi pijat terhadap berat badan dan lama rawat bayi berat lahir rendah di RSUD Dr. Achmad Mochtar dan RSI Ibnu Sina Bukittinggi = The effect of massage therapy to body weight and the length of stay of low birth weight infant at Achmad Mochtar General Hospital and Islamic Ibnu Sina Hospital Bukittinggi

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Abstrak

Penelitian ini bertujuan untuk mengetahui pengaruh terapi pijat terhadap berat badan dan lama rawat BBLR yang menjalani perawatan di ruangan perinatologi. Desain penelitian ini adalah quasi experiment nonequivalent control group, before-after design. Jumlah sampel sebanyak 27 bayi, diambil secara consecutive sampling. Hasil penelitian adalah terdapat perbedaan yang bermakna rata-rata peningkatan berat badan pada kelompok kontrol dan intervensi ( $p=0,039<0,05$ ); tidak terdapat perbedaan yang bermakna rata-rata lama rawat pada kelompok kontrol dan intervensi ( $p=0,795>0,05$ ). Hasil analisis menunjukkan bahwa jenis kelamin mempunyai hubungan yang bermakna terhadap peningkatan berat badan; usia gestasi, umur, berat lahir, dan jenis kelamin, mempunyai hubungan yang bermakna terhadap lama rawat. Peneliti merekomendasikan penelitian lanjut tentang pengaruh terapi pijat dengan desain yang berbeda.

.....The research aimed to identify the effect of massage therapy to body weight and the length of stay of baby with low birth weight in Neonatal room. The design was quasi experiment non equivalent control group, before and after design. The amount of sample are 27 by using consecutive sampling .The result of this research that there was significant mean difference of weight gain in control group and intervention group ( $p=0,039<0,05$ ); there was no significant length of stay mean's difference between control group and intervention group ( $p=0,795>0,05$ ). The result analysis show that there was significant correlation between sex and weight gain , and corelation between gestation age, baby's age, weight at birth, and sex to the length of stay. The researcher recommended the continuity research about the effect of baby massage therapy with various design.