

## Faktor-faktor yang mempengaruhi stres ibu dalam merawat anak dengan thalasemia di klinik thalasemia RS PMI Bogor = Influencing factors of mothers stress in caring for children with thalassemia in thalassemia clinic of PMI Bogor Hospital

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### Abstrak

Merawat anak dengan thalasemia dapat menimbulkan stres pada ibu. Penelitian ini bertujuan untuk mengetahui faktor-faktor yang mempengaruhi stres ibu dalam merawat anak yang menderita thalasemia. Desain penelitian cross-sectional terhadap 40 ibu (consecutive sampling) di Klinik Thalasemia RS PMI Bogor menggunakan kuesioner demografi, dukungan perawat, dan Pediatric Inventory for Parents (PIP). Terdapat hubungan antara tingkat dukungan instrumental dan penghargaan perawat dengan frekuensi stres ibu. Faktor lain (dukungan perawat total, usia ibu, usia anak, dan penghasilan keluarga) tidak berhubungan dengan frekuensi dan kesulitan stres ibu. Perawat perlu memberikan dukungan pada anak dan keluarga secara kontinyu.

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Caring for children with thalassemia causes stress in mother. This study aimed to identify influencing factors of mother's stress in caring for children with thalassemia. This cross-sectional study used questionnaire of demography, nurse support, and Pediatric Inventory for Parents. Forty mothers were recruited (consecutive sampling) from Thalassemia Clinic of PMI Bogor Hospital. The level of instrumental and nurse appraisal support were related to mother's stress. Other factors (mother's and child's age, family income, and total nurse support) were not related to mother's stress. Nurses should continuously provide support to children and their families.