

Hubungan antara parenting self efficacy dan family functioning pada ibu dari toddler = The relationship between parenting self efficacy and family functioning among mothers of toddler

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Abstrak

Penelitian ini dilakukan untuk mengetahui hubungan antara parenting selfefficacy dan family functioning pada ibu dari toddler. Untuk mengukur parenting self-efficacy digunakan alat ukur Self-Efficacy Parenting for Tasks Index- Toddler Scale yang dikembangkan oleh Coleman (1998), sedangkan family functioning diukur melalui Family Assessment Devices version 3 yang dikembangkan oleh Epstein, dkk. (1983).

Partisipan dalam penelitian ini adalah ibu dari toddler yang terikat dalam ikatan pernikahan.

Hasil penelitian menunjukkan adanya hubungan negatif yang signifikan antara parenting selfefficacy dan family functioning ($r=-0.567$, $n=83$, $p< 0.01$, two tail). Hal tersebut mengindikasikan bahwa semakin tinggi parenting self-efficacy pada ibu dari toddler, maka semakin tinggi pula family functioning yang ia miliki; begitu pula sebaliknya.

This study examined the relationship between parenting self-efficacy and family functioning among mothers of toddler. Parenting self efficacy was measured by Self-Efficacy Parenting for Tasks Index-Toddler Scale developed by Coleman (1998), whereas the family functioning was measured by Family Assessment Devices Version 3 developed by Epstein, Baldwin, and Bishop (1983). The participants of this study were 83 mothers of toddler who married.

The results of this study showed that there is a significant, negative relationship, between parenting self-efficacy and family functioning ($r=-0.567$, $n=83$, $p< 0.01$, two tail). It indicates that the higher parenting self-efficacy from mothers of toddler, the higher family functioning; and vice versa.