

Hubungan antara Kepaduan Tim dan Collective Efficacy = The Relationship between Team Cohesion and Collective Efficacy

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Abstrak

Penelitian ini dimaksudkan untuk mendapatkan gambaran mengenai hubungan antara kepaduan tim dan collective efficacy pada atlet futsal mahasiswa. Selain itu, penelitian ini juga dimaksudkan untuk mengetahui seberapa besar dimensi kepaduan tim memberikan sumbangan pada collective efficacy. Pengukuran kepaduan tim menggunakan alat ukur Group Enviromental Questionnaire (Carron dkk., 1985) yang telah diadaptasi dan pengukuran collective efficacy dengan menggunakan alat ukur Collective Efficacy Questionnaire for Sports (Short, Feltz, & Sullivan, 2005). Partisipan pada penelitian ini berjumlah 71 mahasiswa atlet futsal.

Hasil penelitian menunjukkan terdapat hubungan positif yang signifikan antara kepaduan tim dengan collective efficacy ($r=0.590$; $p=0.000$, signifikan pada L.o.S 0.01). Artinya semakin tinggi skor kepaduan tim seseorang, maka semakin tinggi skor collective efficacy orang tersebut. Sementara itu, dimensi kepaduan tim yang paling besar sumbangannya pada collective efficacy adalah Group Integration-Task ($B=0.430$; $p=0.000$, signifikan pada L.o.S 0.05) dan kemudian dimensi Individual Attraction to the Social-Task ($B=0.340$; $p=0.014$, signifikan pada L.o.S 0.05).

.....The purpose of this study is to find the correlation between team cohesion and collective efficacy in futsal collegiate athletes in university. In addition, this study also aimed to determine how much each dimension of team cohesion contributes to collective efficacy. Team cohesion was measured using a modification instrument named Environmental Group Questionnaire (Carron et al., 1985) and collective efficacy was measured using Collective Efficacy Questionnaire for Sports (Short, Feltz, & Sullivan, 2005) which also has been adapted. Participants in this research are 71 collegiate athletes in university.

The results show that there is a significant positive correlation between team cohesiveness and collective efficacy ($r = 0.590$, $p = 0.000$, significant at the L.o.S 0.01). This means the higher score team cohesiveness, the higher score the person collective efficacy. Furthermore, the biggest contributions dimensions of team cohesion toward collective efficacy are Group Integration-Task ($B=0.430$; $p=0.000$, significant at the L.o.S 0.05) dimension and then Individual Attraction to the Social-Task ($B=0.340$; $p=0.014$, significant at the L.o.S 0.05) dimension.