

Hubungan antara Adult Romantic Attachment dengan Infertility-Related Stress pada Perempuan yang Mengikuti Program Teknologi Reproduksi Berbantu = The relationship between adult romantic attachment and infertility related stress among women taking assisted reproductive technology

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Abstrak

Penelitian ini dilakukan untuk mengetahui hubungan antara adult romantic attachment dengan infertility-related stress pada perempuan yang mengikuti program Teknologi Reproduksi Berbantu (TRB). Pengukuran adult romantic attachment dilakukan dengan alat ukur adaptasi dari The Experiences in Close Relationship (Brennan, Clark, & Shaver, 1998) yang menghasilkan dua skor berdasarkan dimensi-dimensinya, yaitu avoidance dan anxiety. Pengukuran infertility-related stress dilakukan dengan alat ukur adaptasi dari The Fertility Problem Inventory (Newton, Sherrard, & Glavac, 1999) yang menghasilkan satu skor total dan lima skor berdasarkan domain-domainnya, yaitu social concern, sexual concern, relationship concern, need for parenthood, dan rejection of childfree lifestyle.

Berdasarkan penelitian terhadap 37 partisipan, terdapat hubungan yang signifikan antara anxiety dalam adult romantic attachment dengan infertility-related stress. Anxiety juga menunjukkan hubungan yang signifikan dengan sebagian besar domain infertility-related stress, kecuali dengan rejection of childfree lifestyle. Sementara, tidak terdapat hubungan yang signifikan antara avoidance dalam adult romantic attachment dengan infertility-related stress. Avoidance juga tidak menunjukkan hubungan yang signifikan dengan sebagian besar domain infertility-related stress, kecuali dengan relationship concern. Berdasarkan hasil penelitian, lama waktu pernikahan memberikan pengaruh terhadap anxiety dalam adult romantic attachment dan letak masalah infertilitas memberikan pengaruh terhadap infertility-related stress.

.....This research was conducted to find correlation between adult romantic attachment and infertility-related stress among women taking Assisted Reproductive Technology (ART). Adult romantic attachment was measured using adopted version of The Experiences in Close Relationship (Brennan, Clark, & Shaver, 1998) which produces two scores based on its dimensions, avoidance and anxiety. Infertility-related stress was measured using adopted version of The Fertility Problem Inventory (Newton, Sherrard, & Glavac, 1999) which produces one total score and five scores based on its domains, social concern, sexual concern, relationship concern, need for parenthood, and rejection of childfree lifestyle. The participants of this research were 37 women taking Assisted Reproductive Technology (ART) who met the characteristics needed.

The result showed that anxiety on adult romantic attachment correlated significantly with infertility-related stress. Anxiety also correlated with almost domains of infertility-related stress, except rejection of childfree lifestyle. Meanwhile, avoidance on adult romantic attachment didn't correlate significantly with infertility-related stress. Avoidance also didn't correlate with almost domains of infertility-related stress, except rejection of childfree lifestyle. Based on the research's result, duration of marriage influenced anxiety on adult romantic attachment and diagnosis of infertility problem influenced infertility-related stress.