

Perbedaan Psychological Well-Being pada Guru Sekolah Menengah Atas dan Sekolah Menengah Kejuruan di Kabupaten Bangka = The Difference of Psychological Well-Being among Senior High School and Vocational High School Teachers in Bangka Regency

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Abstrak

Penelitian ini dilatarbelakangi adanya perbedaan tantangan dan beban mengajar pada guru SMA dan SMK. Penelitian ini bertujuan untuk melihat perbedaan psychological well being pada guru sekolah menengah atas dan sekolah menengah kejuruan di Kabupaten Bangka. Pendekatan yang digunakan dalam penelitian ini adalah pendekatan kuantitatif dengan pengumpulan data melalui kuesioner. Penelitian ini menggunakan alat ukur Ryff's Scale of Psychological Well Being yang telah diadaptasi oleh kelompok payung penelitian Psychological Well Being 2012. Responden dalam penelitian ini berjumlah 152 guru terdiri dari 74 guru SMA dan 78 guru SMK di Kabupaten Bangka. Hasil dari penelitian ini menunjukkan bahwa tidak ditemukan perbedaan skor mean psychological well being yang signifikan pada guru SMA dan SMK di Kabupaten Bangka. $t = 152,1801$, $p = 0,074$ signifikan pada $L > S > 0,05$. Hasil tersebut dapat diartikan tidak terdapat perbedaan psychological well being pada guru SMA dan SMK di Kabupaten Bangka.

.....This research was conducted because of their difference of challenge and teaching loads between senior high school teachers and vocational high school teachers. This research aims to describe the difference of psychological well being among senior high school and vocational high school teachers in Bangka Regency. This research used quantitative approach by collecting data through questionnaires. This research used Ryff's Scale of Psychological Well Being which adopted by a research team of psychological well being in 2012. The respondents in this research were 152 teachers with 74 from senior high school teachers and 78 from vocational high school teachers in Bangka Regency. The result showed there is no significant difference of psychological well being among senior high school and vocational high school teachers in Bangka Regency. $t = 152,1801$, $p = 0,074$ significant at $L > S > 0,05$. This result indicated there is no difference of psychological well being among senior high school and vocational high school teachers in Bangka Regency.