

Hubungan Kelompok Dukungan Sebaya terhadap Kepatuhan Terapi Antiretroviral (ARV) pada Penderita Human Immunodeficiency Virus (HIV) & Acquired Immune Deficiency Syndrome (AIDS) di Jakarta Timur = Relationship between Peer Support Group (KDS) and antiretroviral therapy adherence in patients with Human Immunodeficiency Virus (HIV) and Acquired Immune Deficiency Syndrome (AIDS) in East Jakarta

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Abstrak

Kepatuhan terapi antiretroviral (ARV) merupakan faktor utama keberhasilan manajemen terapi. Terapi ARV yang diminum seumur hidup diperlukan dukungan untuk menjaga kepatuhan. Penelitian ini bertujuan melihat hubungan Kelompok Dukungan Sebaya (KDS) terhadap kepatuhan terapi ARV pada penderita HIV & AIDS di Jakarta Timur. Desain penelitian deskriptif korelasi dengan pendekatan potong lintang. Jumlah responden berpartisipasi 96 orang dengan teknik non random sampling convenience. Instrumen yang digunakan adalah AACTG dan FSSQ Duke-UNC yang dimodifikasi. Hasil analisis Chisquare tidak ada hubungan KDS dengan kepatuhan ARV ( $p=1,00$ ;  $=0,05$ ;  $OR=1,150$ ). Hasil ini merekomendasikan program dari LSM dan pelayanan kesehatan untuk membantu kepatuhan terapi ARV dari sesama ODHA melalui KDS rutin.

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Adherence antiretroviral (ARV) therapy is a major factor in successful of this therapy management. ARV therapy that taken for life is required support system to maintain adherence. This study aimed to show the relationship between peer support group and arv adherence in patient with HIV and AIDS in East Jakarta. This study used descriptive correlation design with cross sectional. The number of sampel was 96 respondents, who was collected with no-random sampling with convinience techique. The instrument used was AACTG and FSSQ Duke-UNC modified. The result of chi-square analysis showed that there was no relation between peer support group with ARV adherence ( $p=1,00$ ;  $=0,05$ ;  $OR=1,150$ ). Because of that NGO and health service have to make program to enhance ARV therapy adherence with participations from peer support group regularly.