

## Determinan tingkat disabilitas penduduk lanjut usia di Indonesia (analisis data Susenas dan Riskesdas 2007) = Determinants of disability level among older persons in Indonesia (analysis of susenas and Riskesdas 2007 Data)

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### Abstrak

Tesis ini bertujuan mengetahui tingkat disabilitas penduduk lanjut usia di Indonesia Serta menguji pengaruh status socio-demografi, lingkungan fisik, perilaku kesehatan dan penyakit kronik/degeneratif terhadap tingkat disabilitas penduduk lanjut usia di Indonesia, berdasarkan data Susenas dan Riskesdas 2007. Sebanyak 79.445 penduduk berusia 60 tahun keatas menjadi sampel penelitian.

Hasil analisis deskriptif dan inferensial (regresi logistik multinomial) menyatakan bahwa status socio-demografi, lingkungan fisik, perilaku kesehatan dan penyakit kronik/degeneratif berpengaruh terhadap tingkat disabilitas penduduk lanjut usia di Indonesia. Peningkatan pendidikan, pembangunan pedesaan, penerapan perilaku hidup sehat serta pencegahan penyakit kronik/degeneratif adalah beberapa hal yang direkomendasikan berdasarkan hasil penelitian.

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The goals of this study are to find out the level of disability among older persons in Indonesia and also test the impact of socio-demographic status, physical environment, healthy behavior and several chronic/degenerative diseases to the level of disability among older persons in Indonesia., based on Susenas and Riskesdas 2007 data. The sample of this study is 79.445 people aged 60 and over.

The results show that socio-demographic status, physical environment, behaviour and several chronic/degenerative diseases determine the level of disability among older persons in Indonesia. Raising the education and rural development, practicing healthy behavior and prevent chronic/degenerative diseases are recommended based on the results of this study.