

Hubungan dukungan suami dengan pemberian ASI eksklusif di wilayah kerja puskesmas air tawar Kota Padang Sumatera Barat tahun 2009 =
The relationship between husband?s support and exclusive breastfeeding at working areas of Puskesmas air tawar Padang City west Sumatera in 2009

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Abstrak

Tujuan penelitian mengetahui hubungan dukungan suami dengan pemberian ASI eksklusif di Wilayah Kerja Puskesmas Air Tawar Kota Padang Tahun 2009. Penelitian menggunakan rancangan cross sectional dilakukan pada bulan Maret-April 2009 dengan responden ibu bayi usia 7-12 bulan. Hasil penelitian mendapatkan sebesar 55,4% Riu memberikan ASI eksklusif, dan 57% ibu mendapat dukungan suami dalam pemberian ASI eksklusif Ada hubungan antara dukungan suami dengan pemberian ASI eksklusif, ibu dengan suami mendukung pemberian ASI eksklusif cenderung memberikan ASI eksklusif 2 kali dibandingkan ibu dengan suami kurang mendukung pemberian ASI eksklusif setelah dikontrol oleh pekerjaan suami, dukungan petugas kesehatan, dan pekerjaan ibu. Peran suami penting dalam pemberian ASI eksklusif maka suami harus dijadikan sasaran penyuluhan ASI dan didorong untuk lebih aktif mencari informasi serta aktif belajar mengenai ASI, sehingga lebih paham dalam memberikan dukungan kepada ibu untuk menyusui eksklusif.

.....The objective of this research was to know the relationship between husband?s support and exclusive breastfeeding at working areas of Puskesmas Air Tawar Padang in 2009. Cross sectional design was used in this research that was done from March to April 2009. The respondents were mothers with baby of 7 to 12 months; This research found out that 55.4% of mothers gave exclusive breastfeeding, and 57% mothers gained husband?s support in exclusive breastfeeding. There was a relationship between husband's support and exclusive breastfeeding where as mothers who gave husband's support likely do exclusive breastfeeding two times than mothers without husband's support alter adjusted by husband's occupation, health provider's support and mother's occupation As the role of husband is important in exclusive breastfeeding, therefore husbands should became the target of education on exclusive breastfeeding and encourage them to be more active in searching information about exclusive breastfeeding So that they would support their wives in exclusive breastfeeding.