

## Pengalaman caregiver keluarga dalam merawat pasien Kanker stadium lanjut : studi fenomenologi dalam konteks keperawatan

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### Abstrak

Caregiver keluarga memegang peranan penting dalam perawatan pasien kanker stadium lanjut yang mengalami masalah akibat kanker dan terapinya. Penelitian bertujuan menggali pengalaman caregiver dalam konteks perawatan. Metode penelitian kualitatif dengan pendekatan fenomenologi deskriptif. Pengumpulan data dengan wawancara mendalam pada 5 partisipan sesuai kriteria inklusi. Temuan memberikan 7 tema utama, yaitu: reaksi caregiver saat mengetahui diagnosa kanker stadium lanjut, pemahaman caregiver tentang kanker, caregiver peran yang melelahkan, caring pada pasien kanker stadium lanjut, mendampingi pasien berobat, beban caregiver pasien kanker, harapan caregiver. Kesimpulan adanya pemahaman caregiver yang kurang dalam merawat pasien kanker mengakibatkan timbulnya distress akibat beban peran. Disarankan pemberian informasi edukasi kanker, kenyamanan caregiver sehingga dapat meningkatkan kualitas hidup pasien kanker stadium lanjut.

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Family caregivers play an important role in the hospitalization of advanced cancer patient who experience problems due to cancer and its treatment. The study aimed to explore the experience of caregivers in helping patient during hospitalization. Qualitative research method with a descriptive phenomenological approach was used. Collecting data done by in-depth interviews on 5 participants according to inclusion criteria. The findings provided seven main themes, namely: caregiver's reaction confirmed advanced cancer diagnosis, caregiver understanding of cancer, a grueling caregiver role, caring for patients with advanced cancer, treatment with the patient, caregiver burden of a cancer patient, caregiver expectations. As the conclusion, lacking of understanding on caregiver in caring cancer patients has resulted in distress due to the burden of roles. Suggested providing cancer education information, caregiver convenience so as to improve the quality of life for patients with advanced cancer.